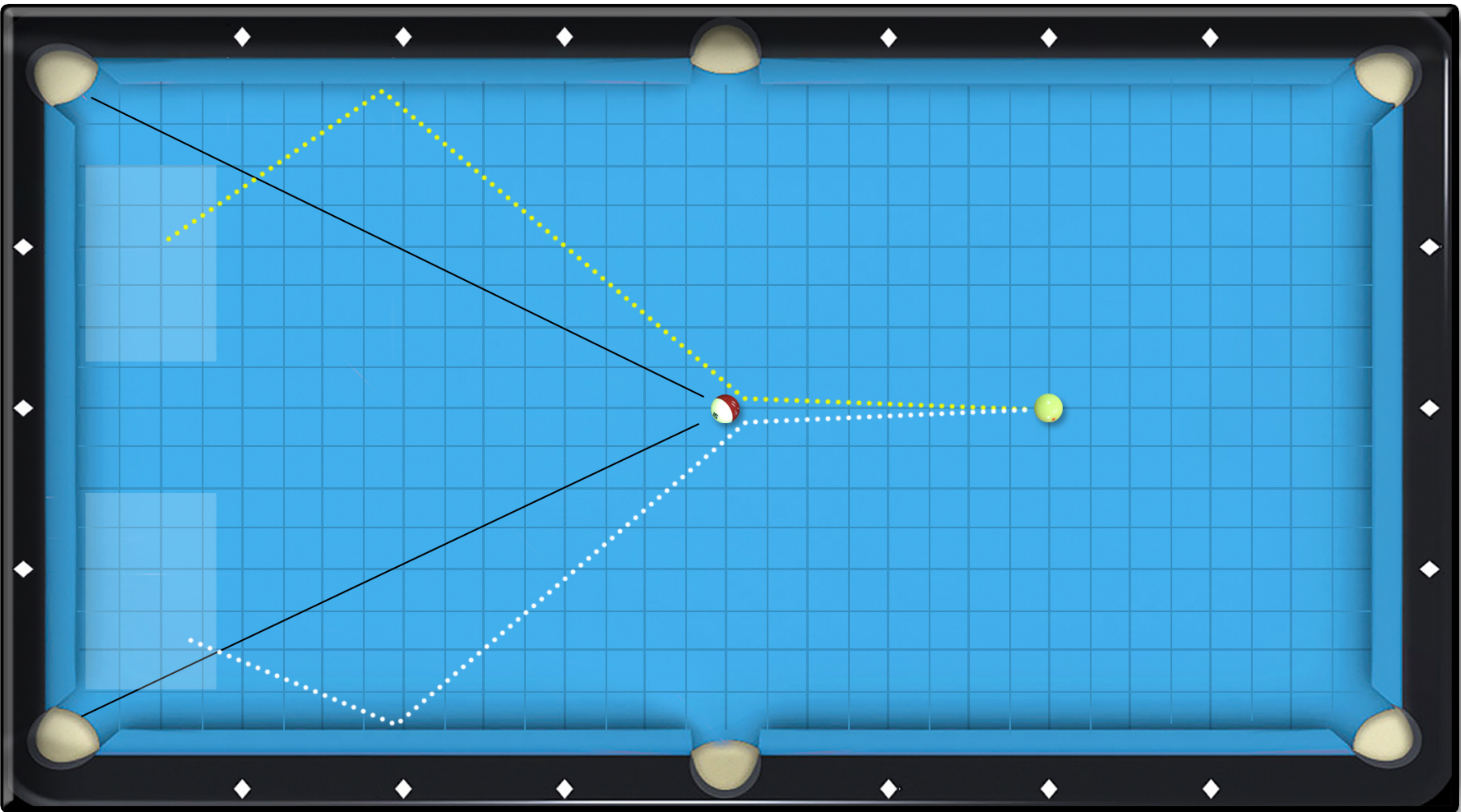
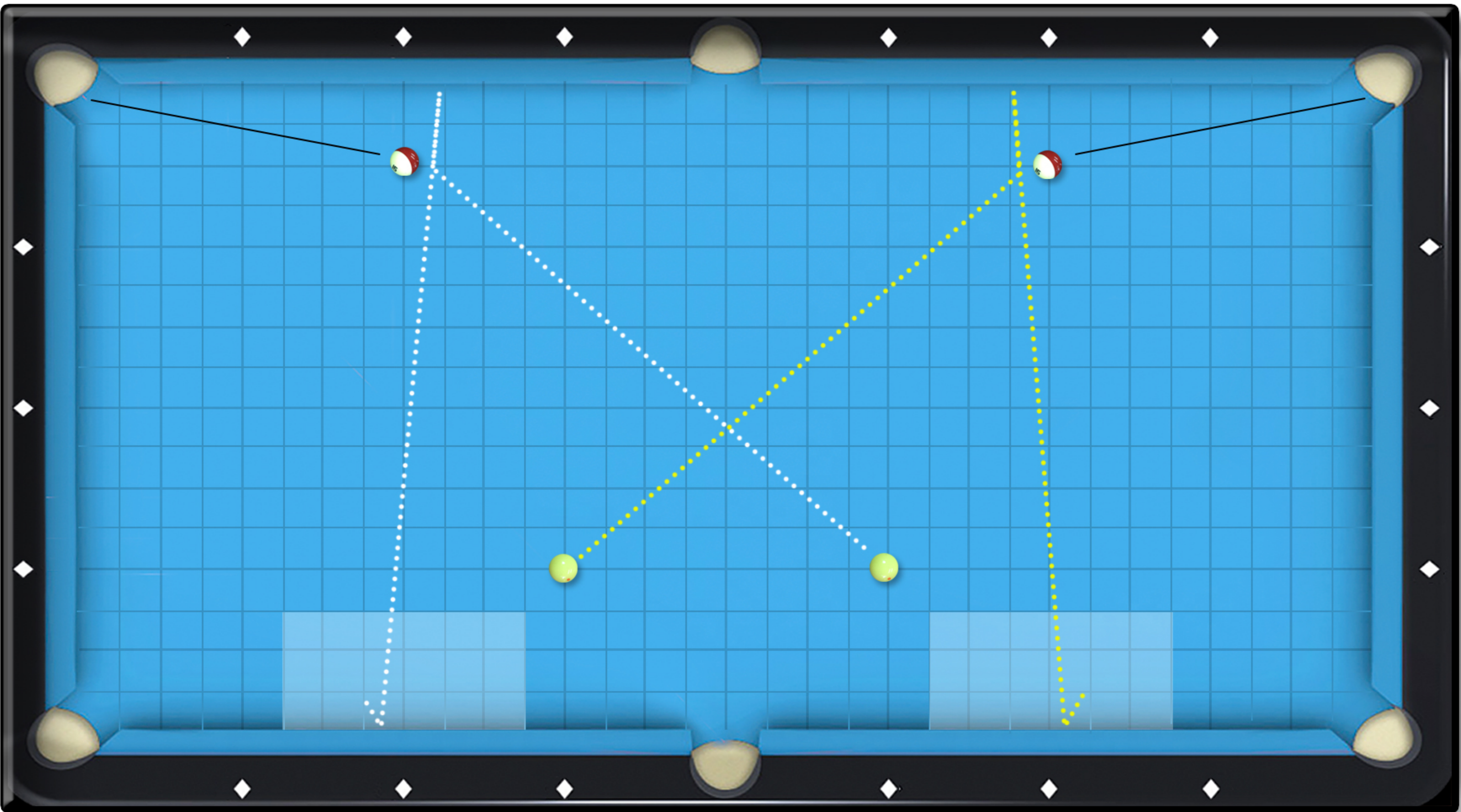
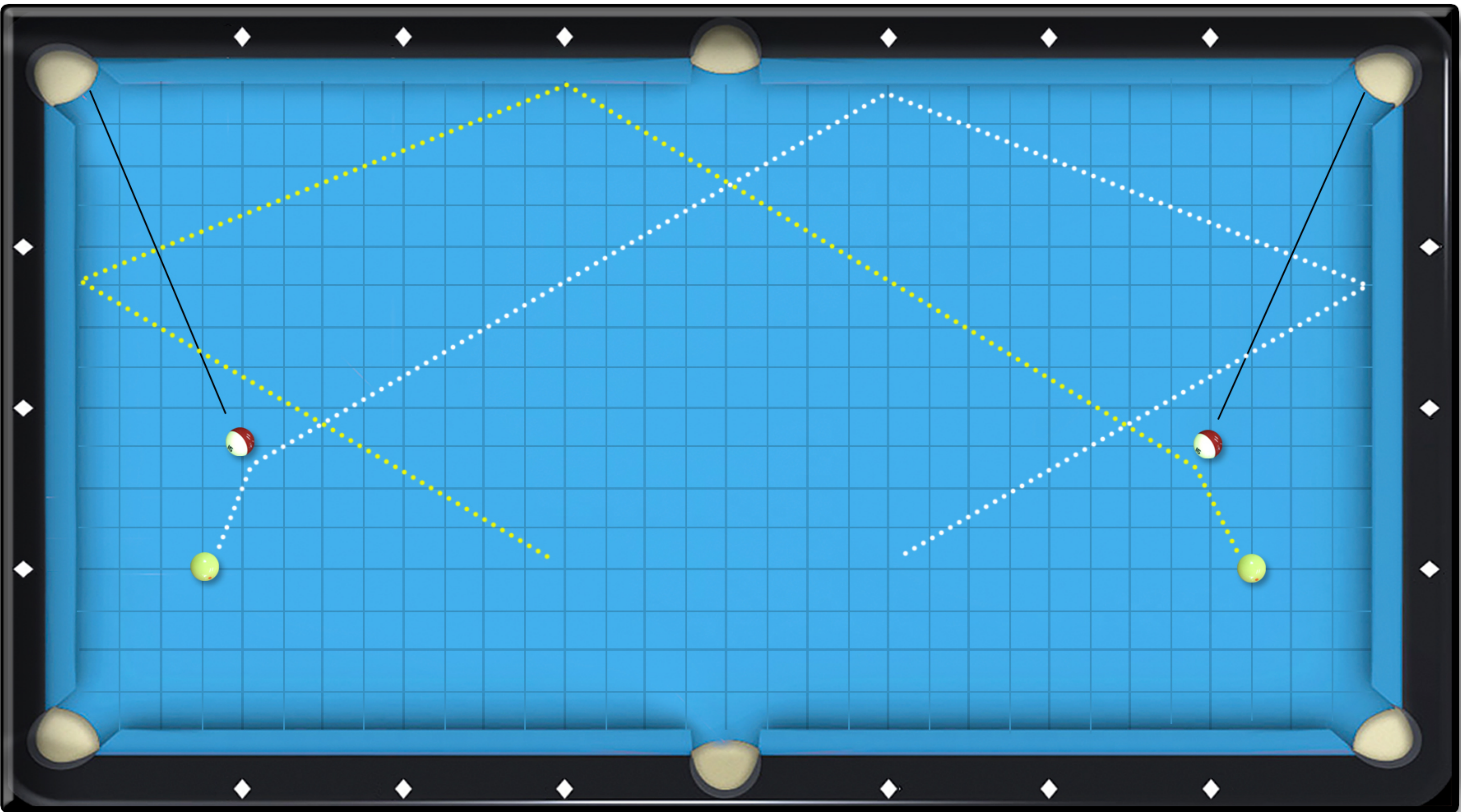
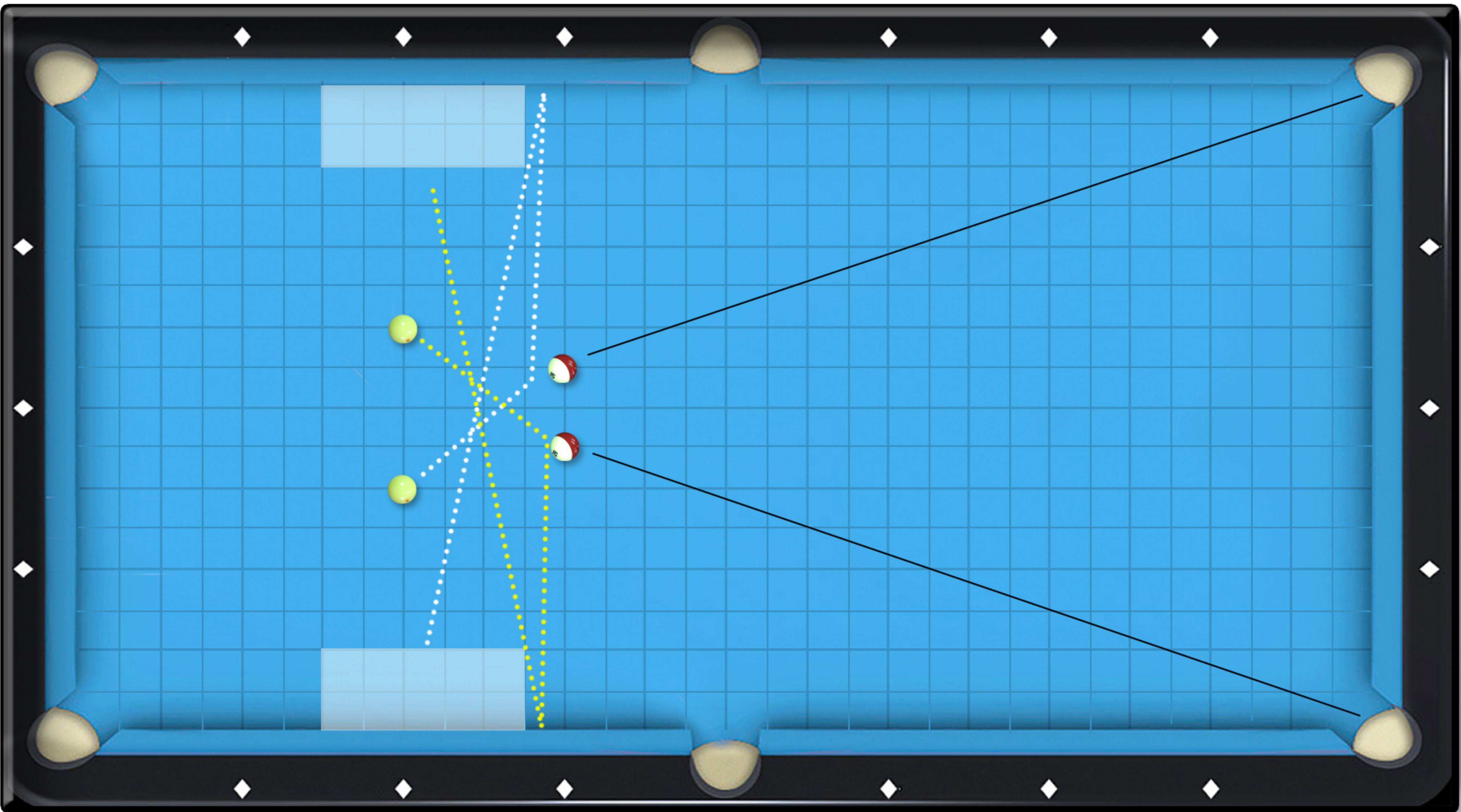


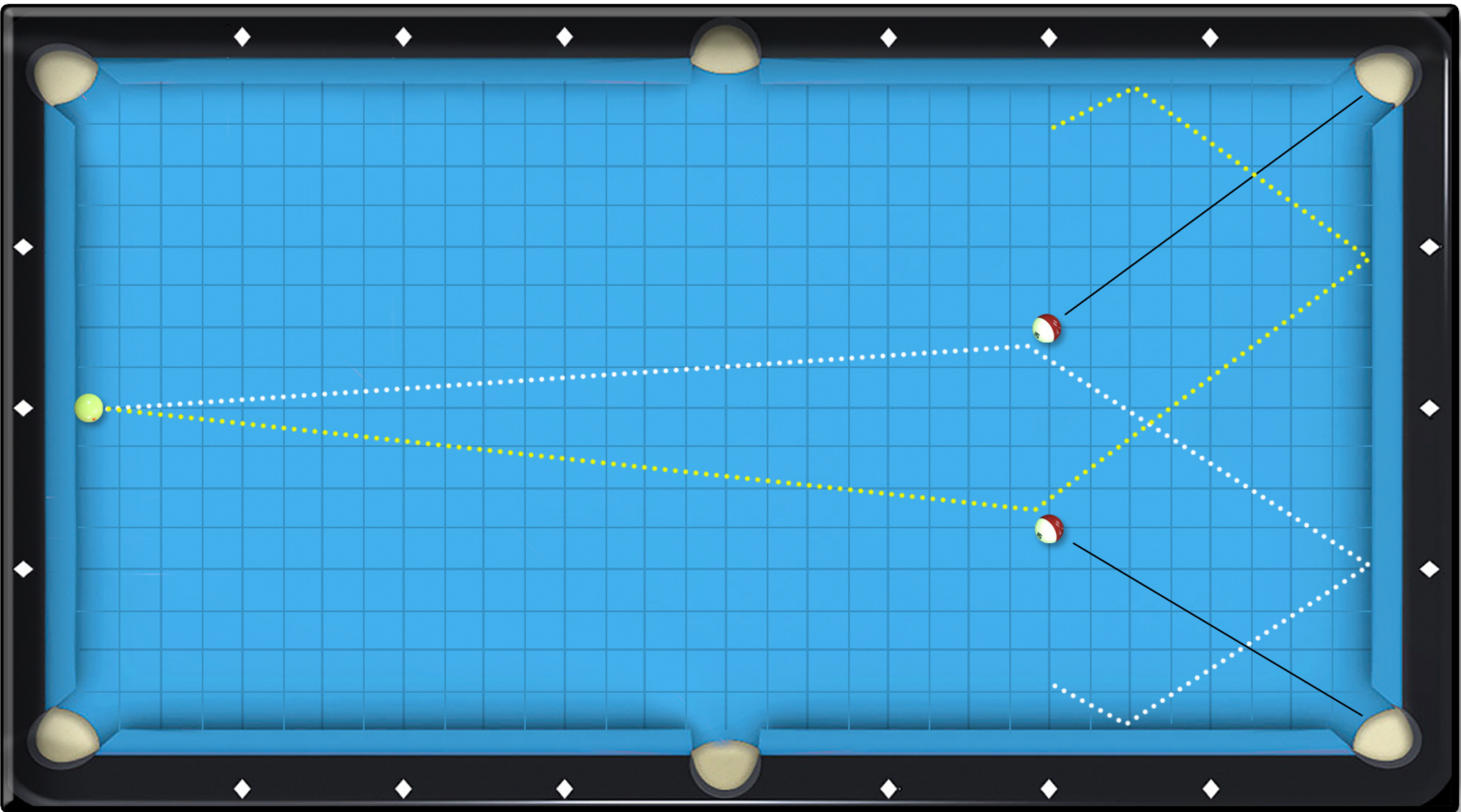
1. The purpose of these drills is to learn how you make and miss shots.
2. Begin the drills by first shooting with sidespin. Shoot each drill 10x in a row and make no adjustments in your aim if you miss.
3. Keep track if you are overcutting or undercutting each shot.
4. After 10 shots you should have a good idea whether you overcut or undercut the shot. Make the adjustment in your aim and try the shot again.
5. If you try a shot and you both overcut and undercut the shot an equal number of times that means this shot definitely needs to be added to your repertoire. Keep shooting the shot until you become more consistent at it.

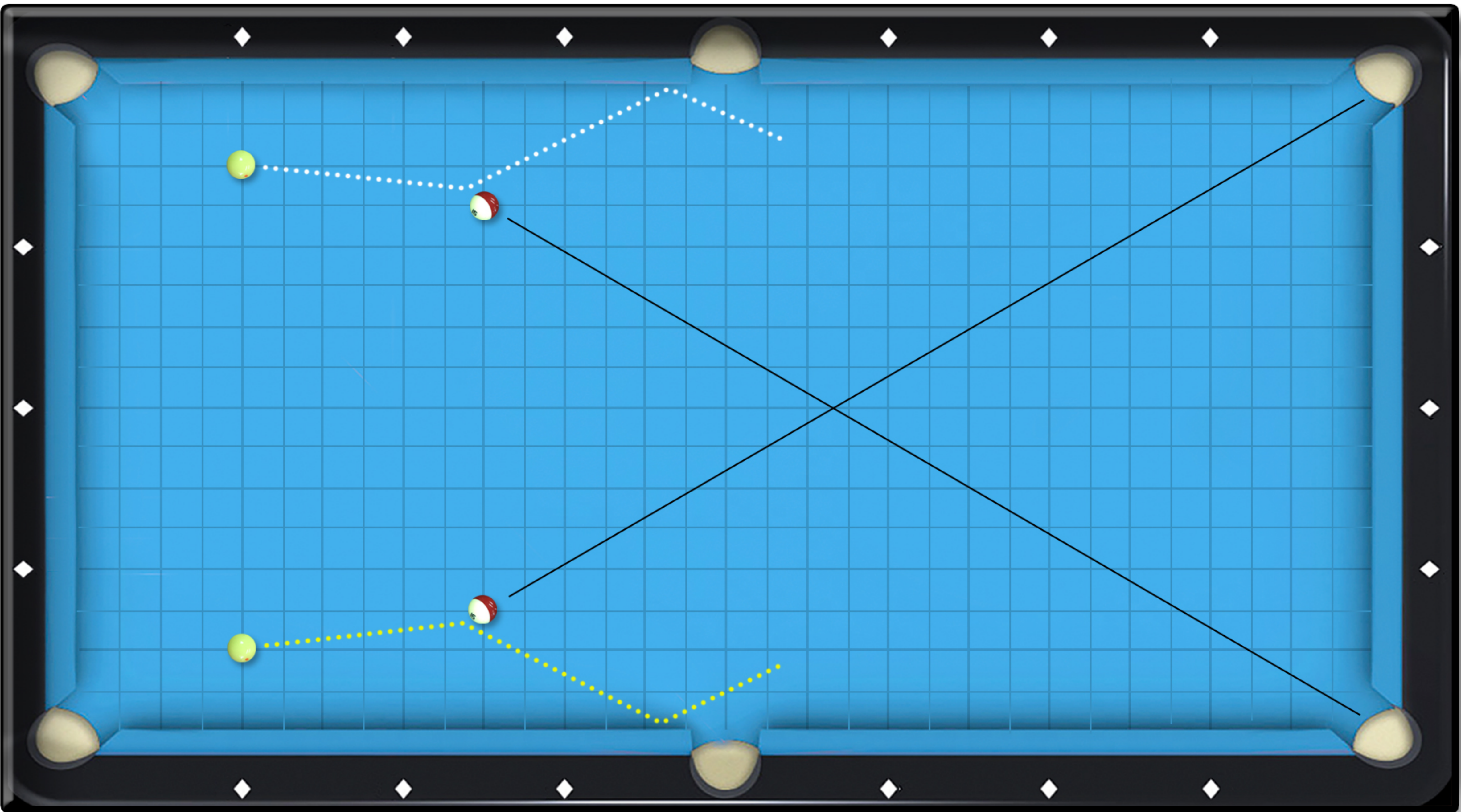


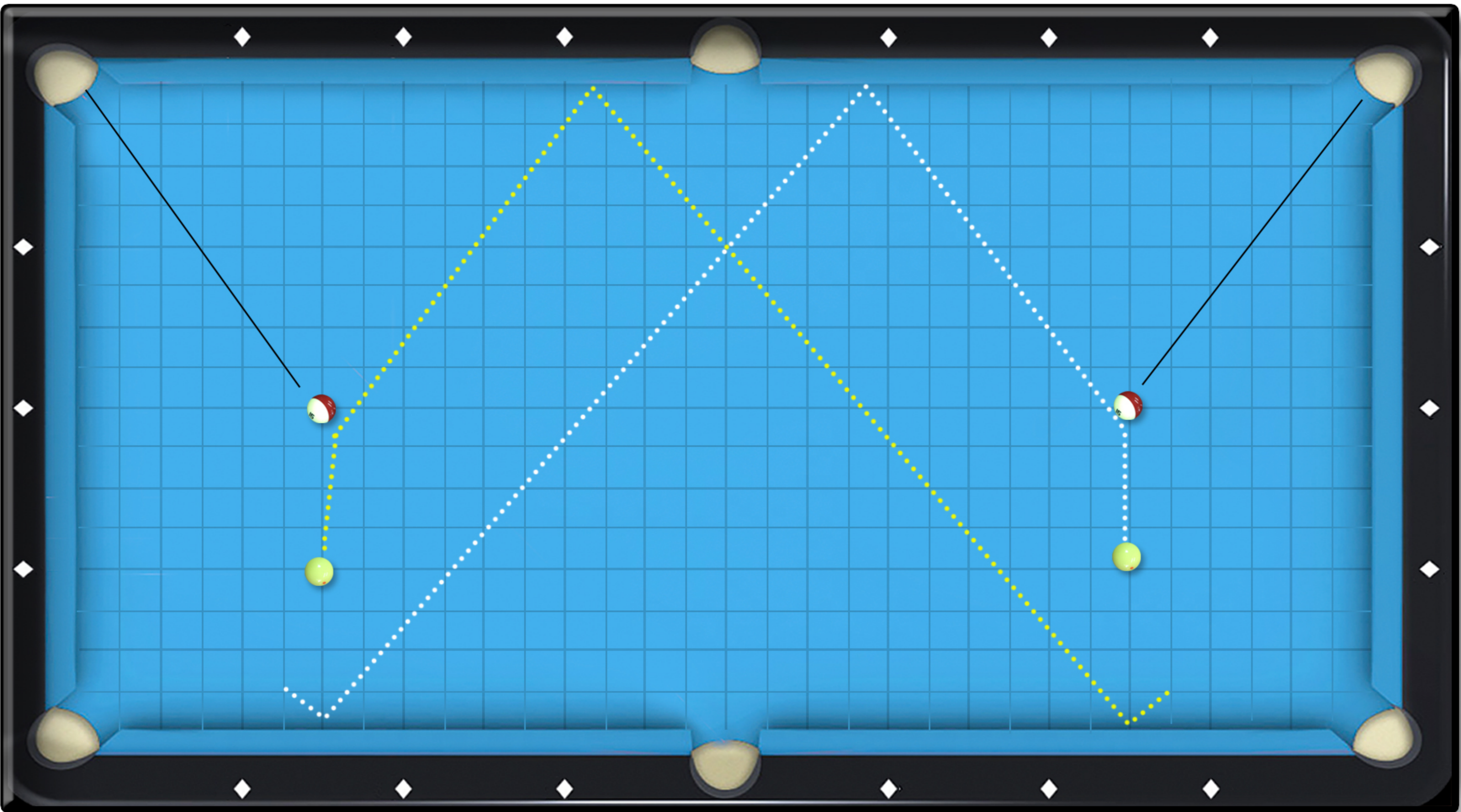




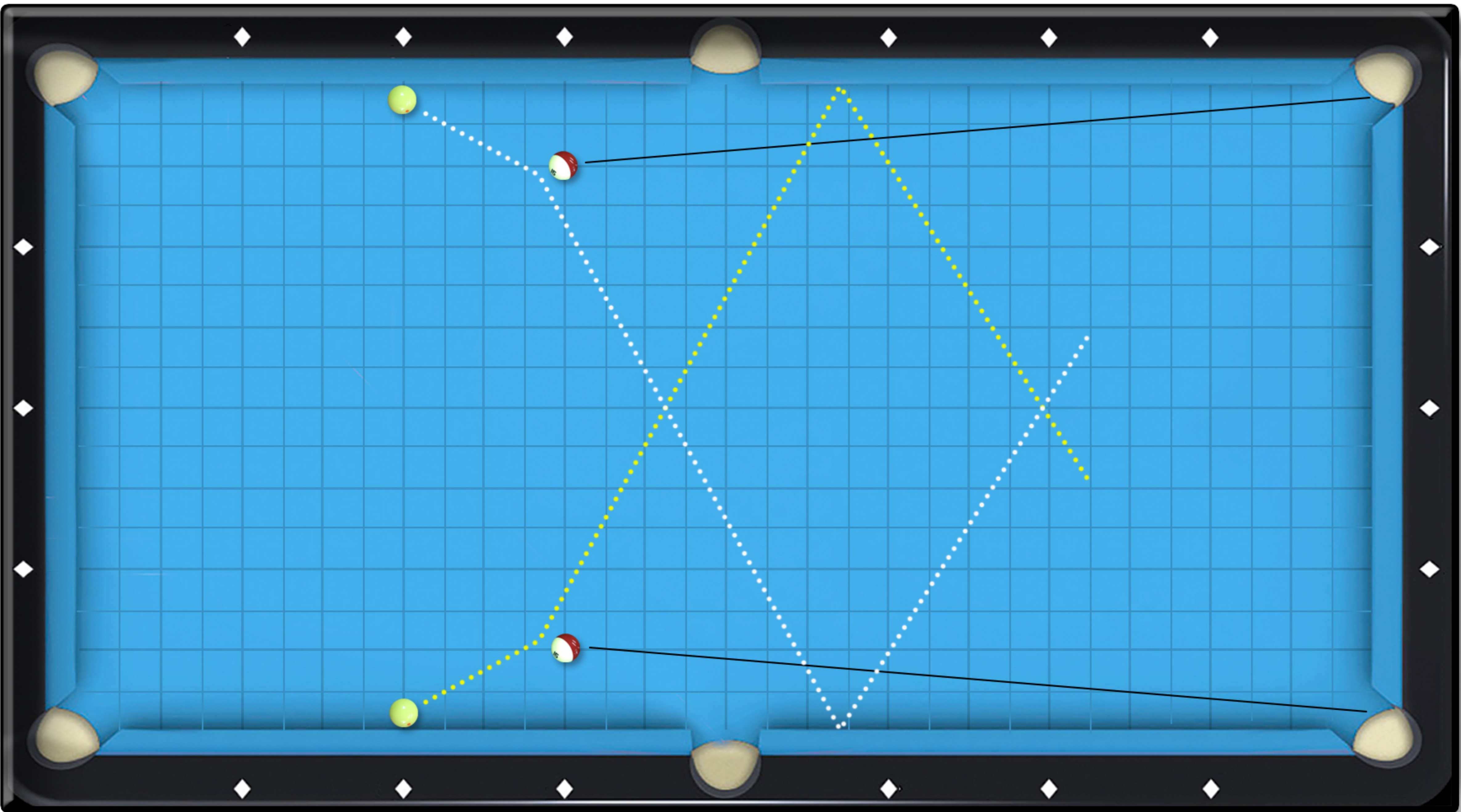


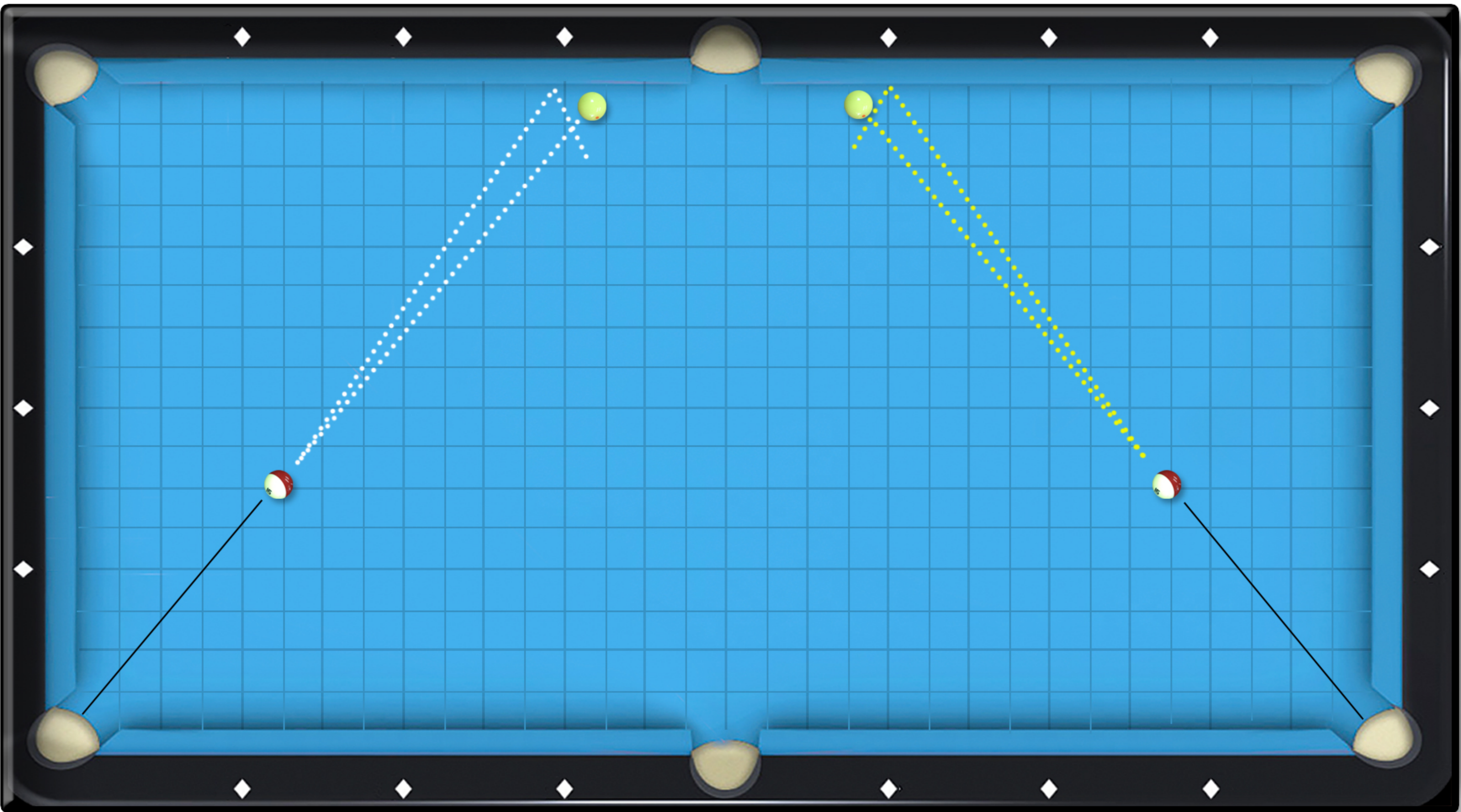


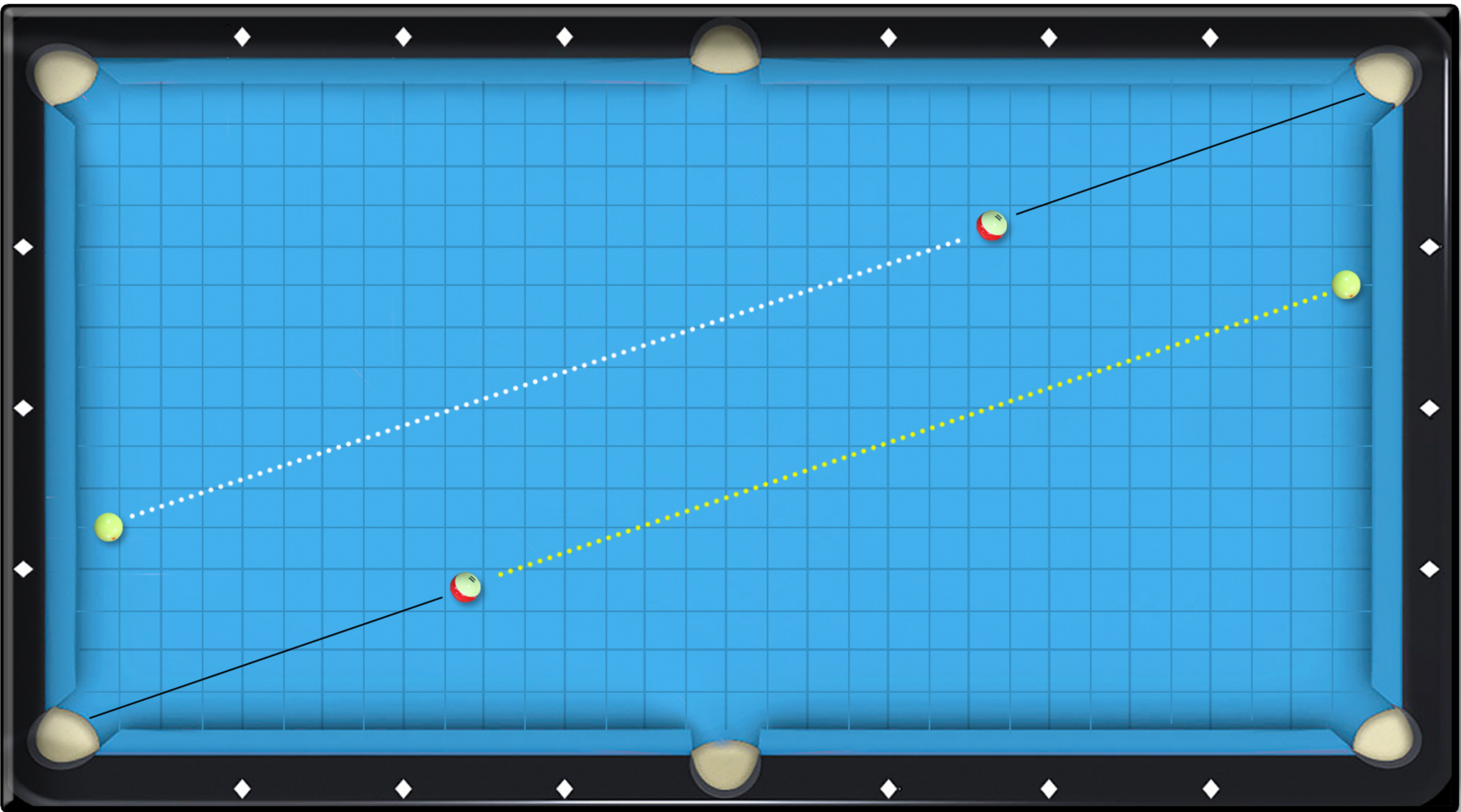


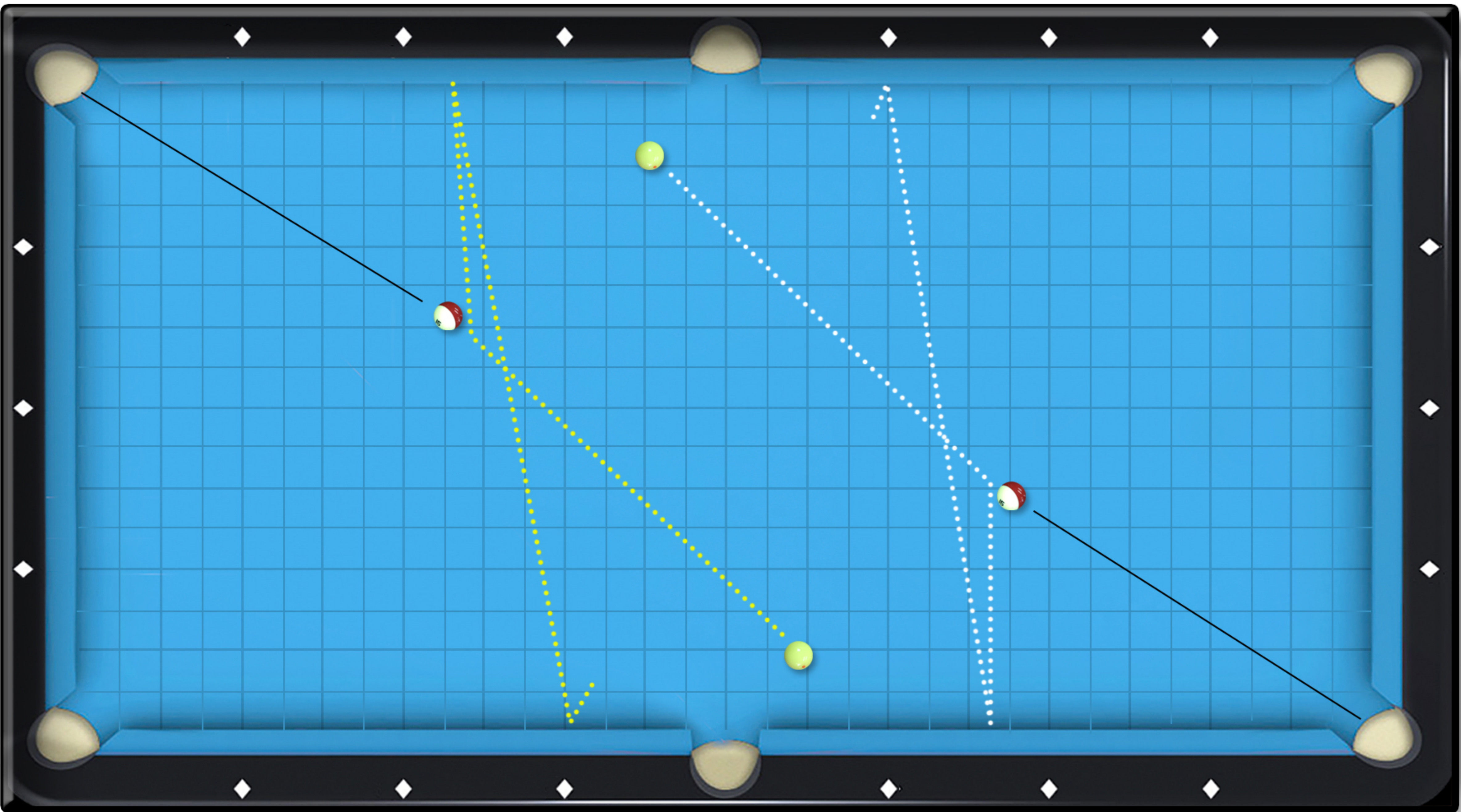


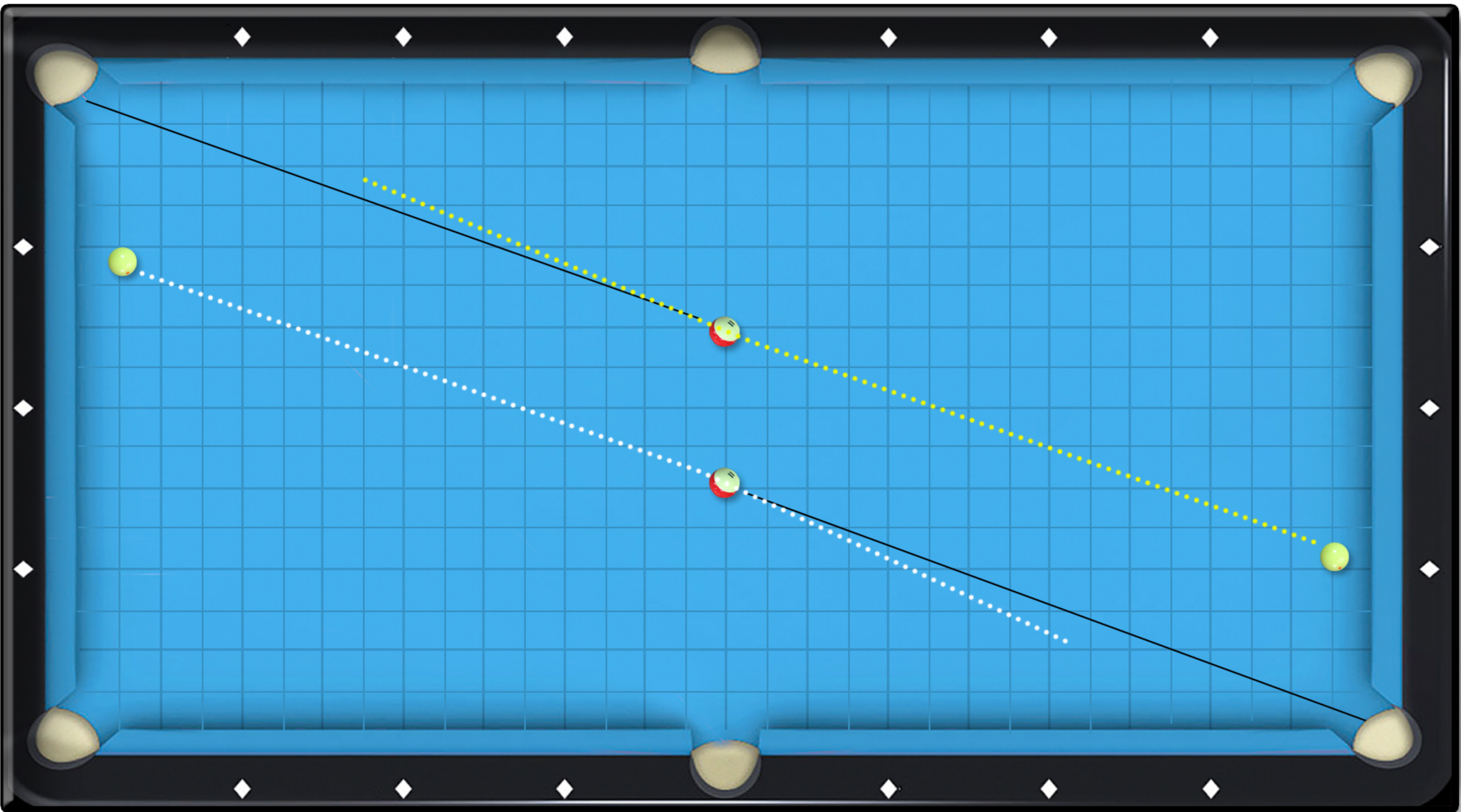


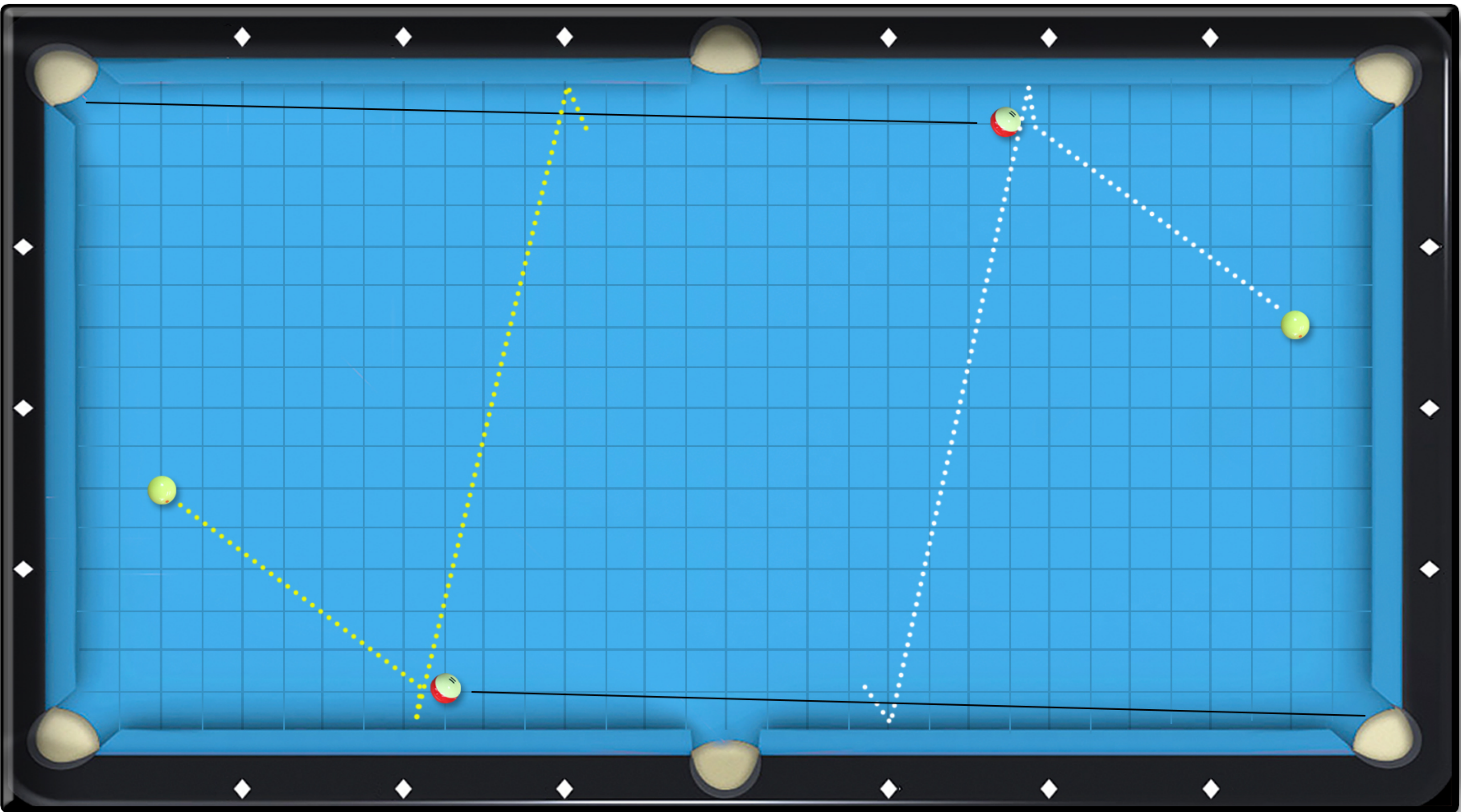


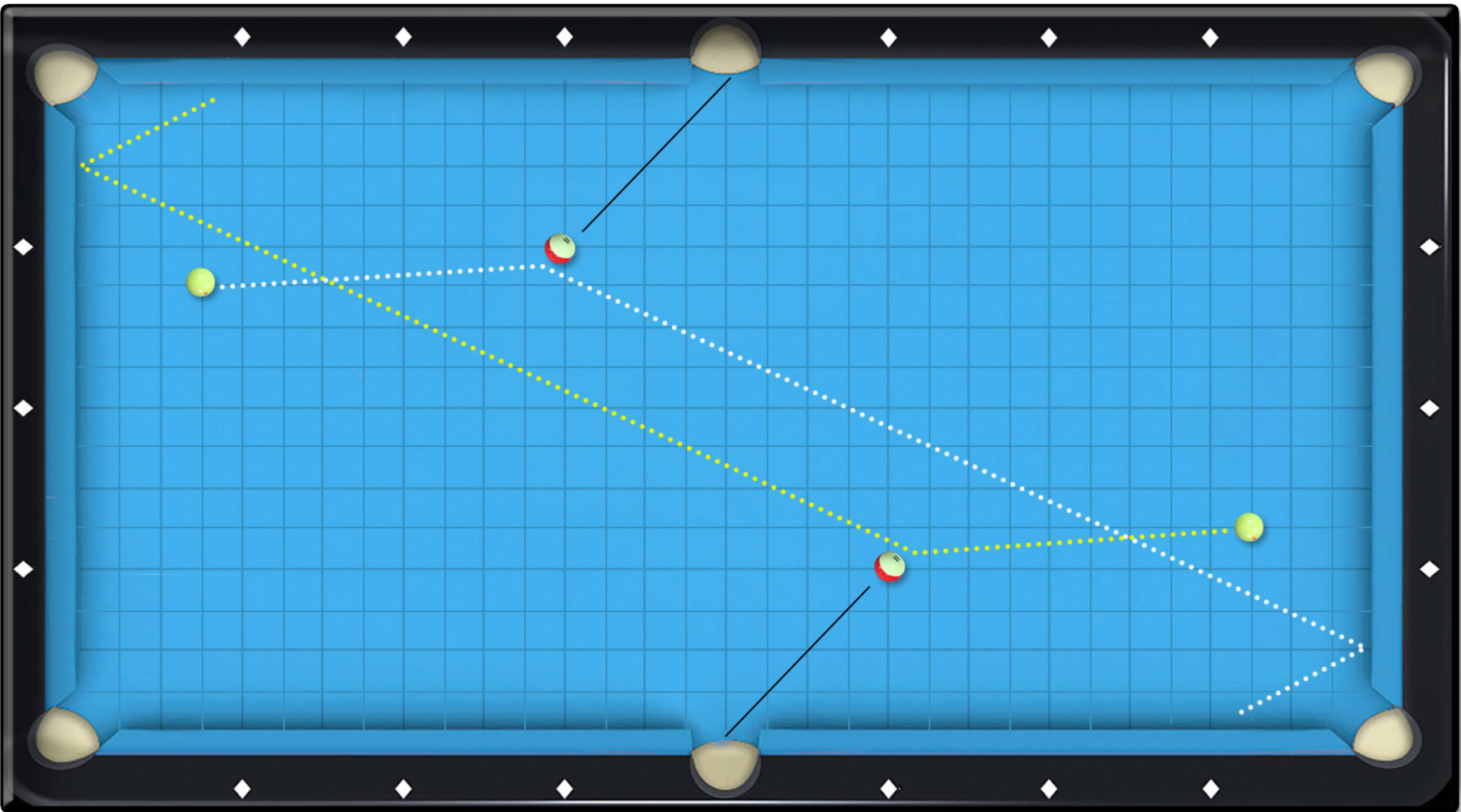


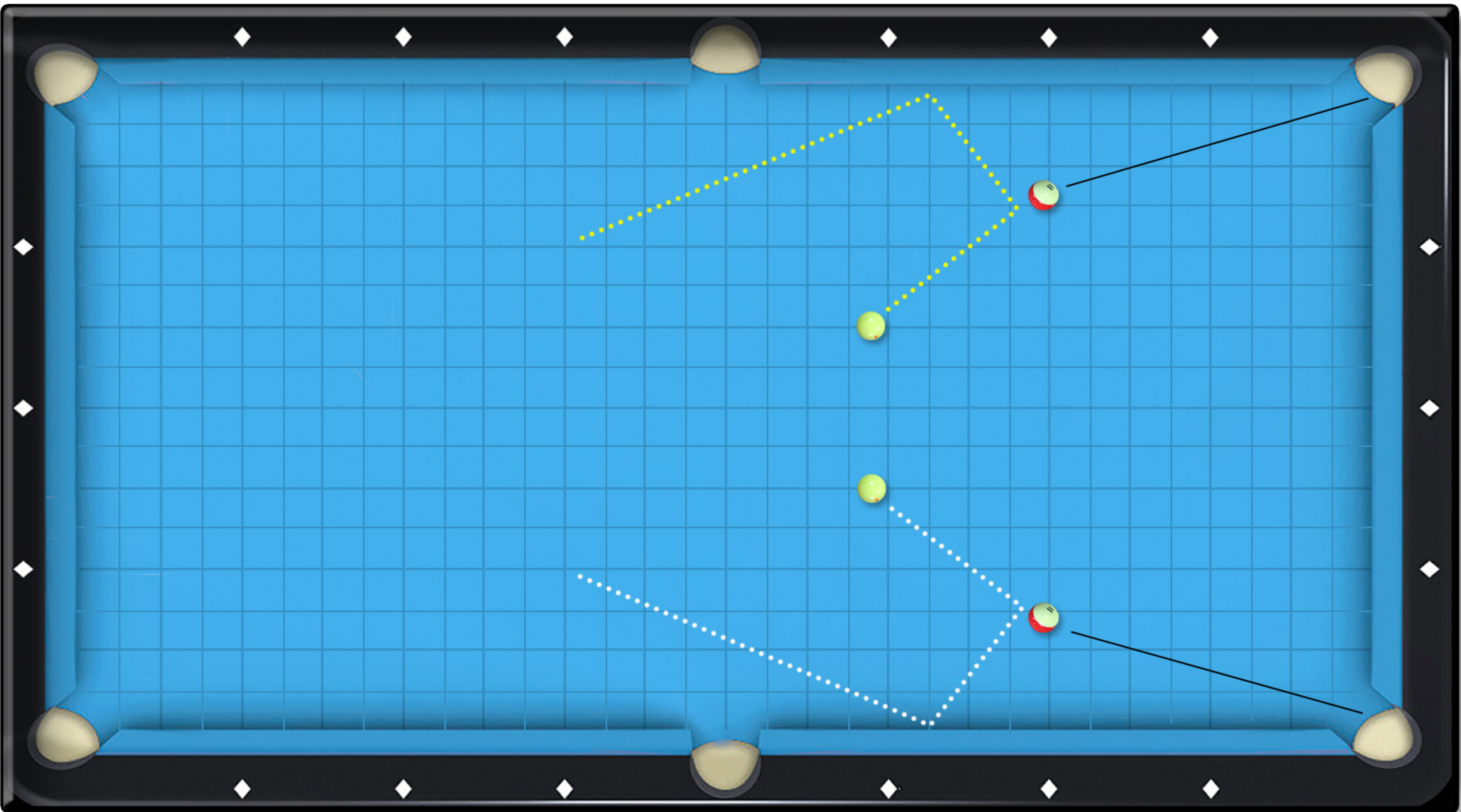




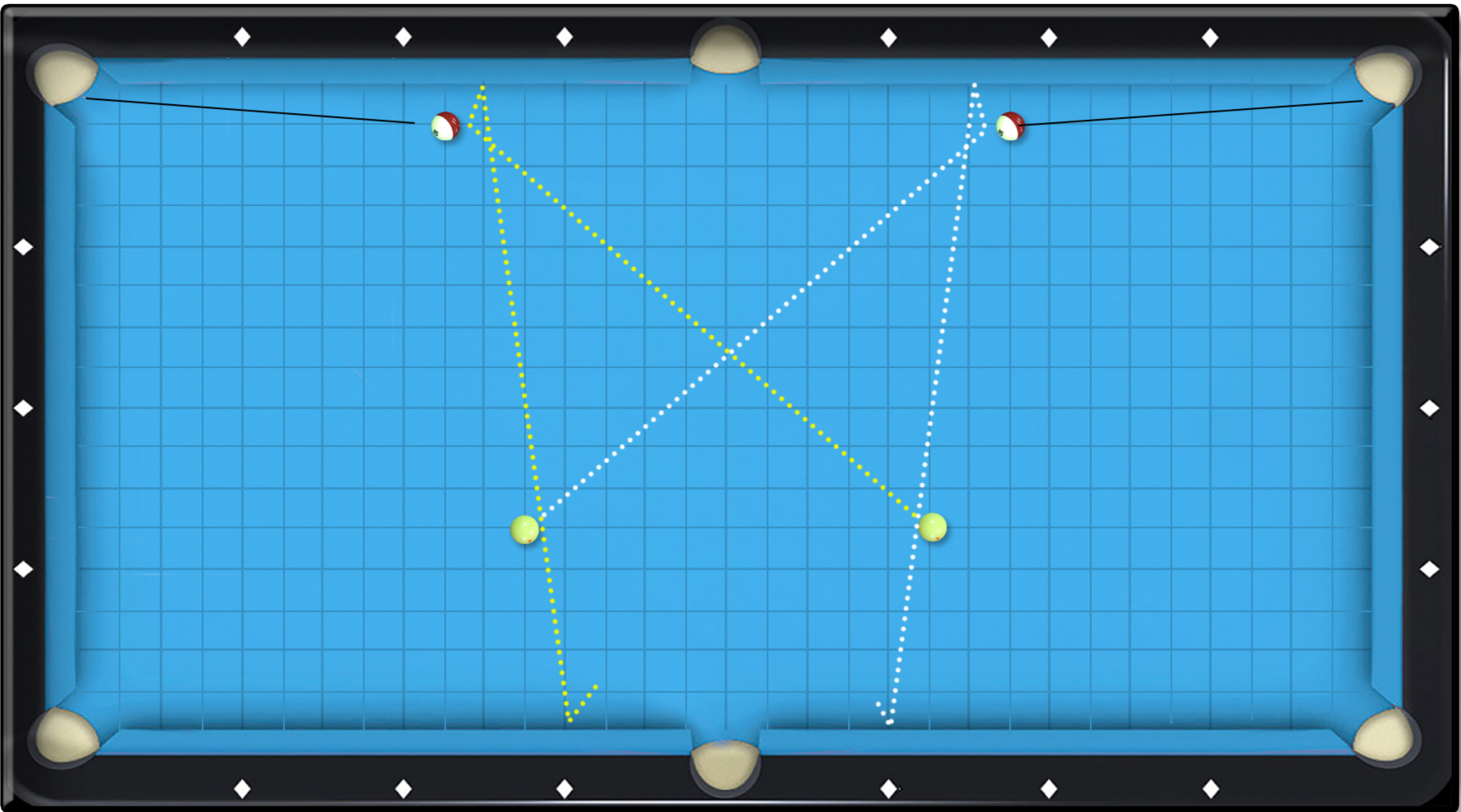


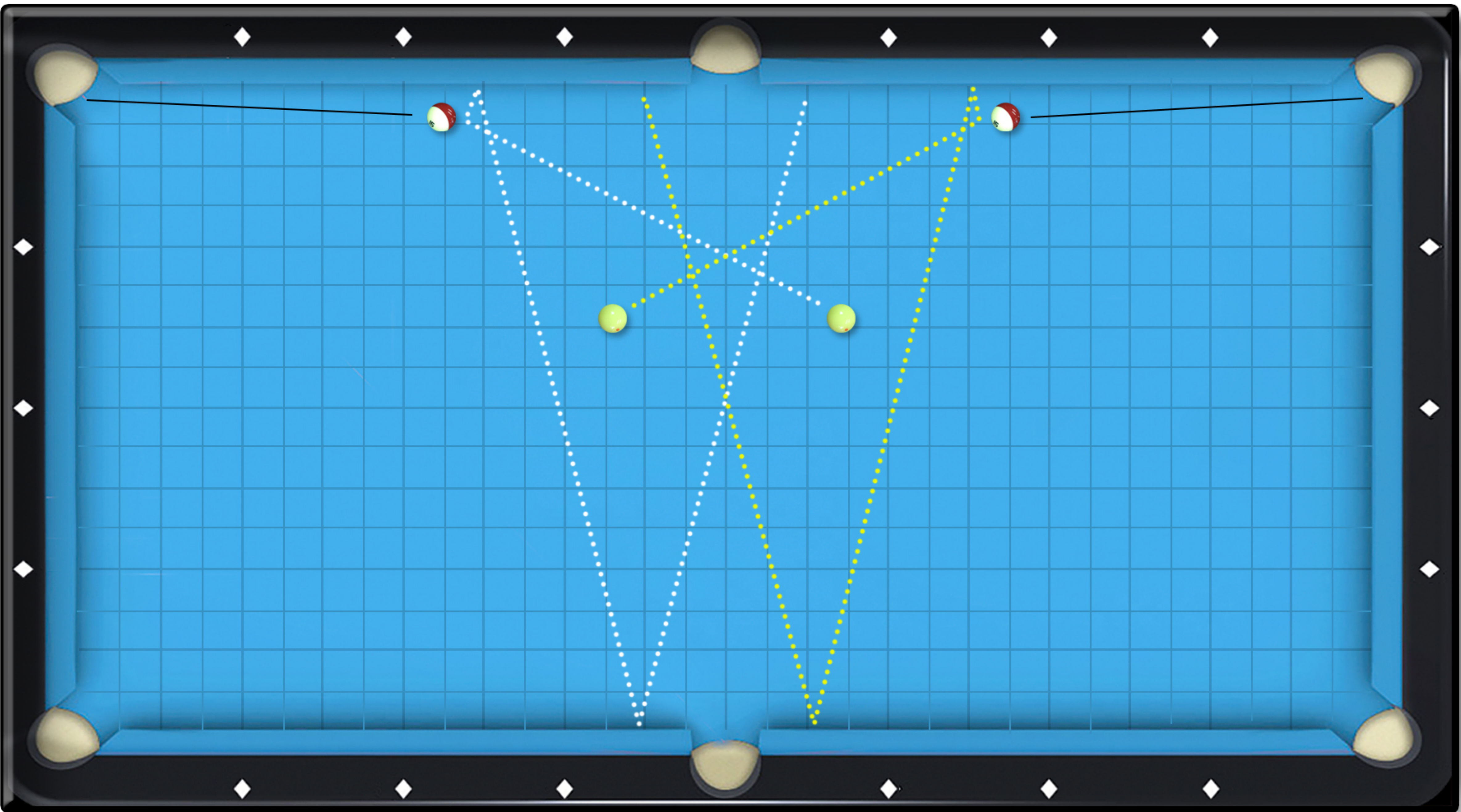


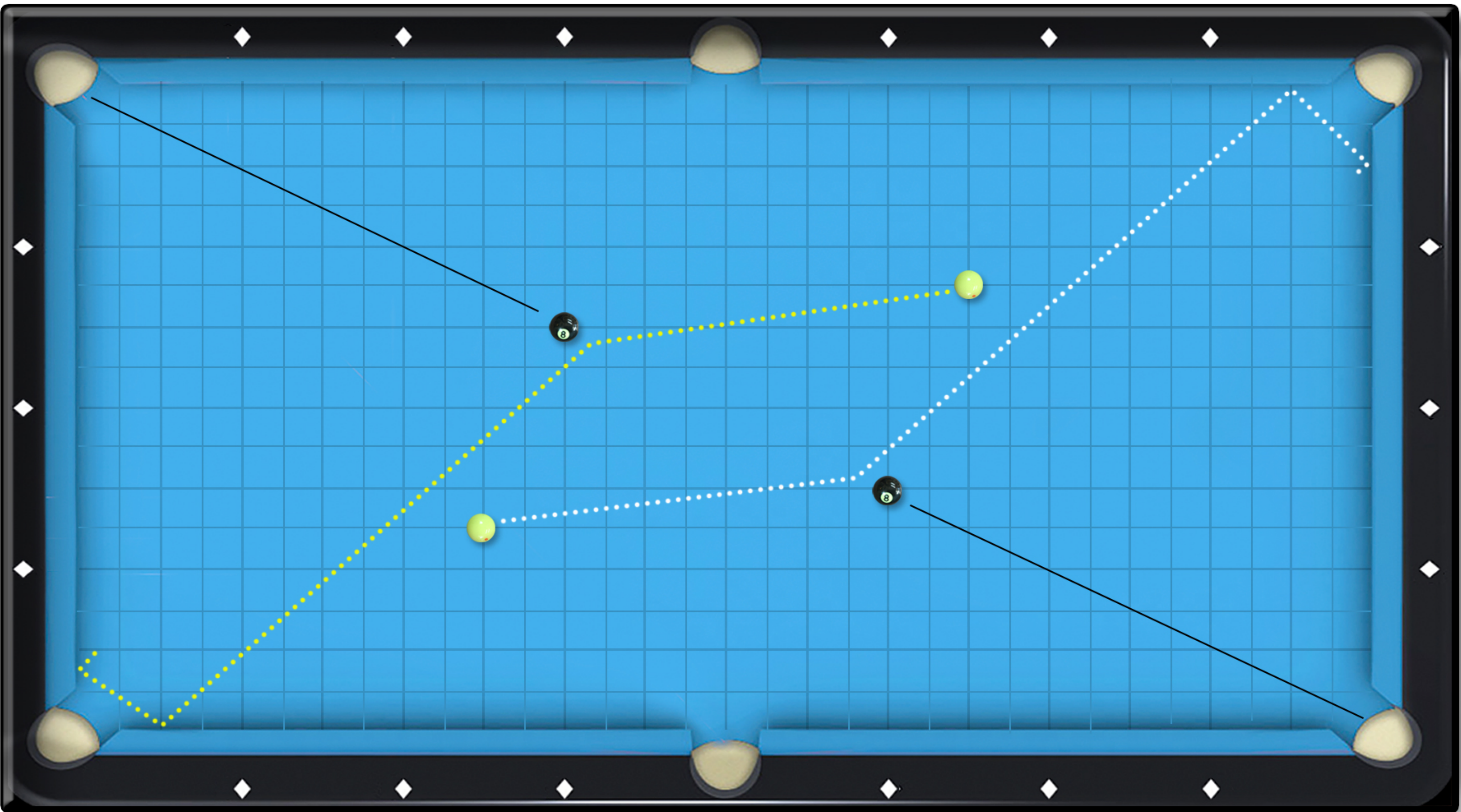


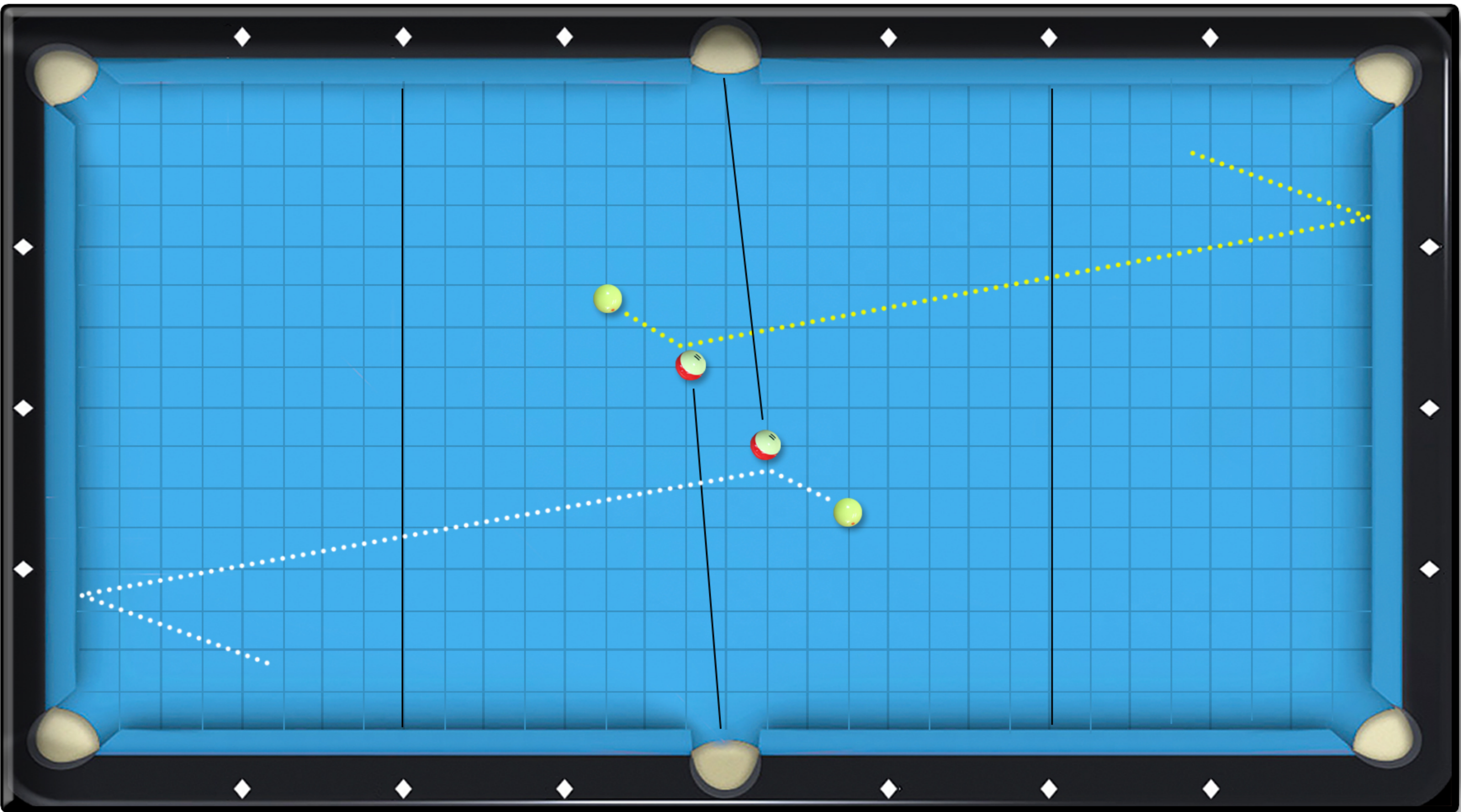


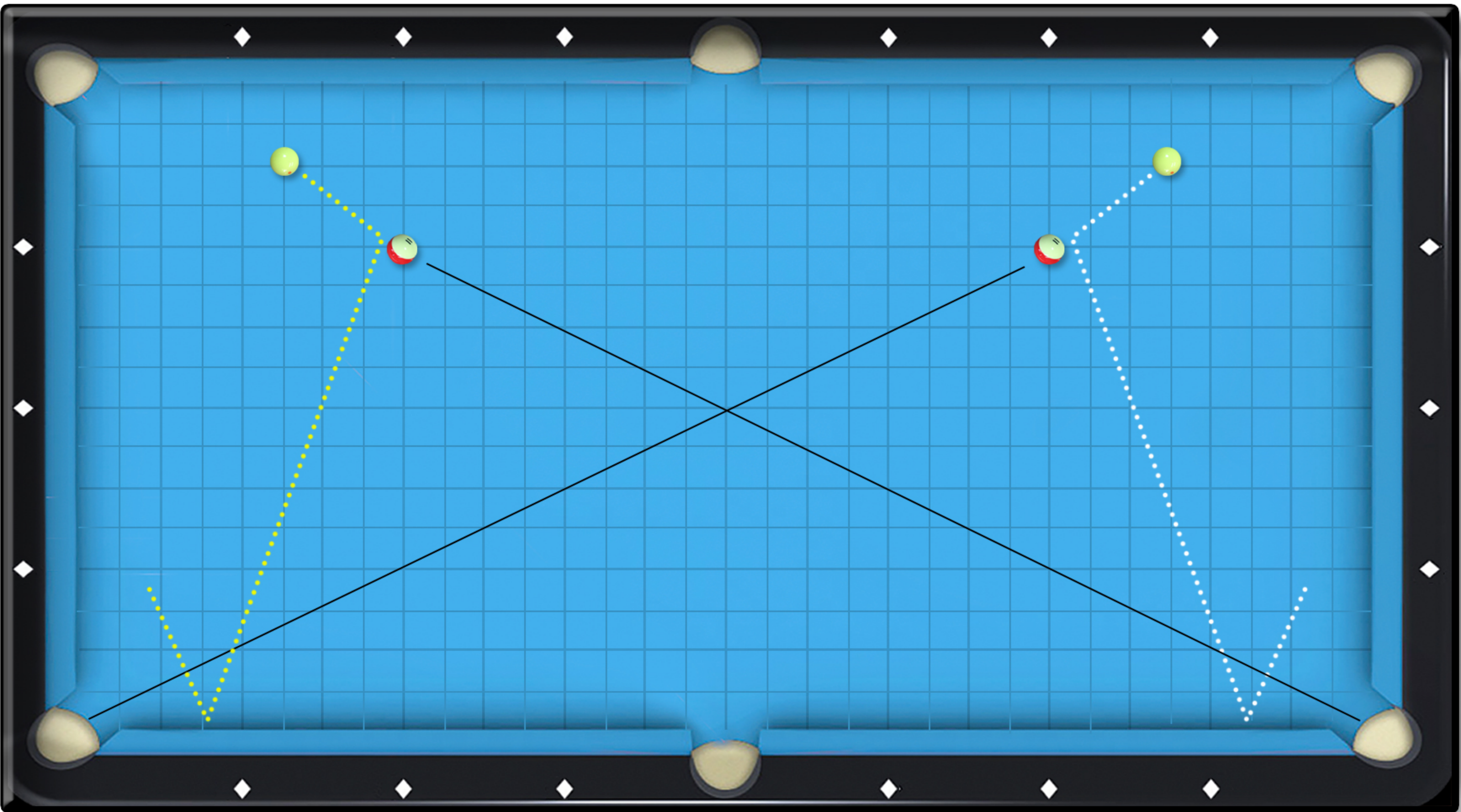


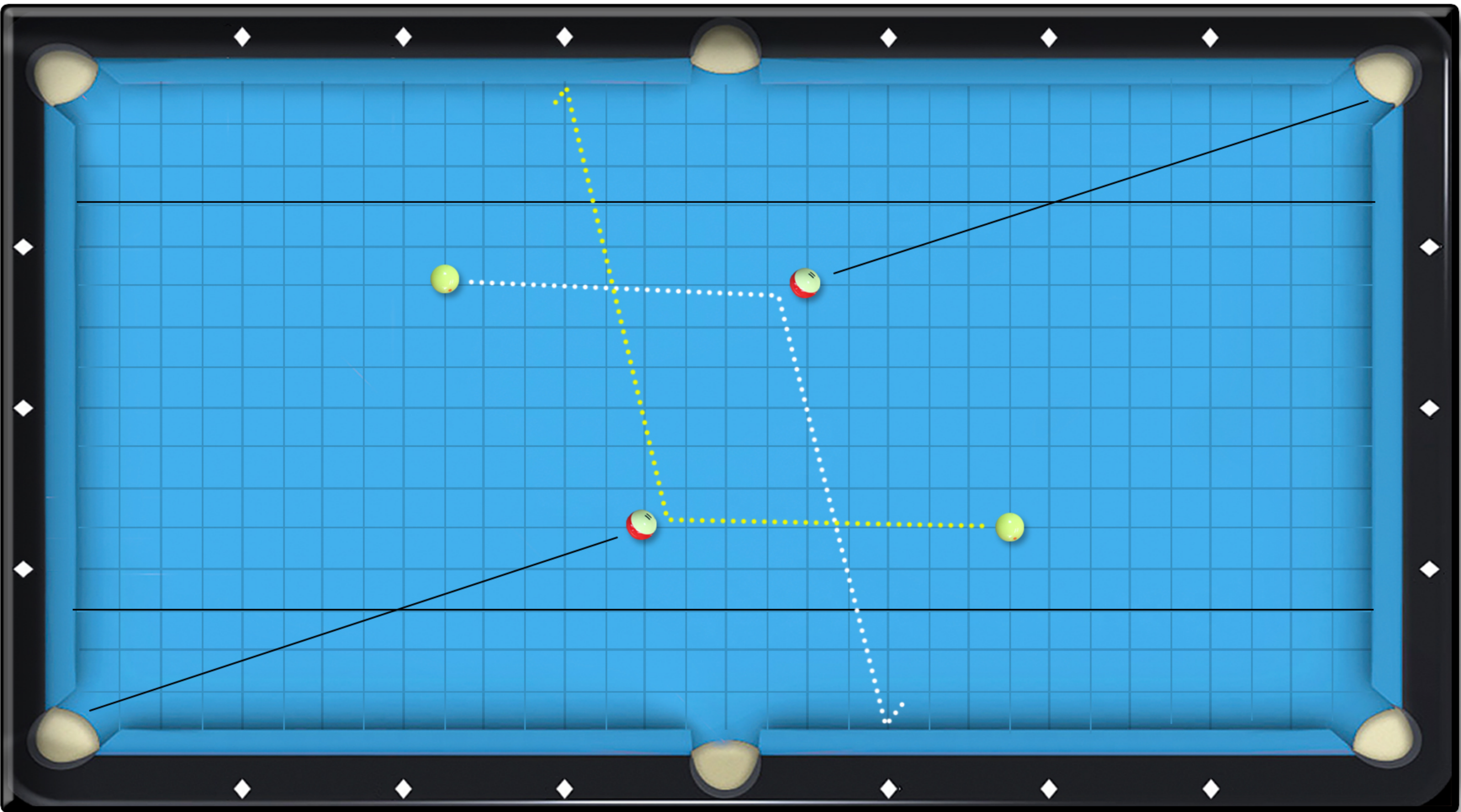


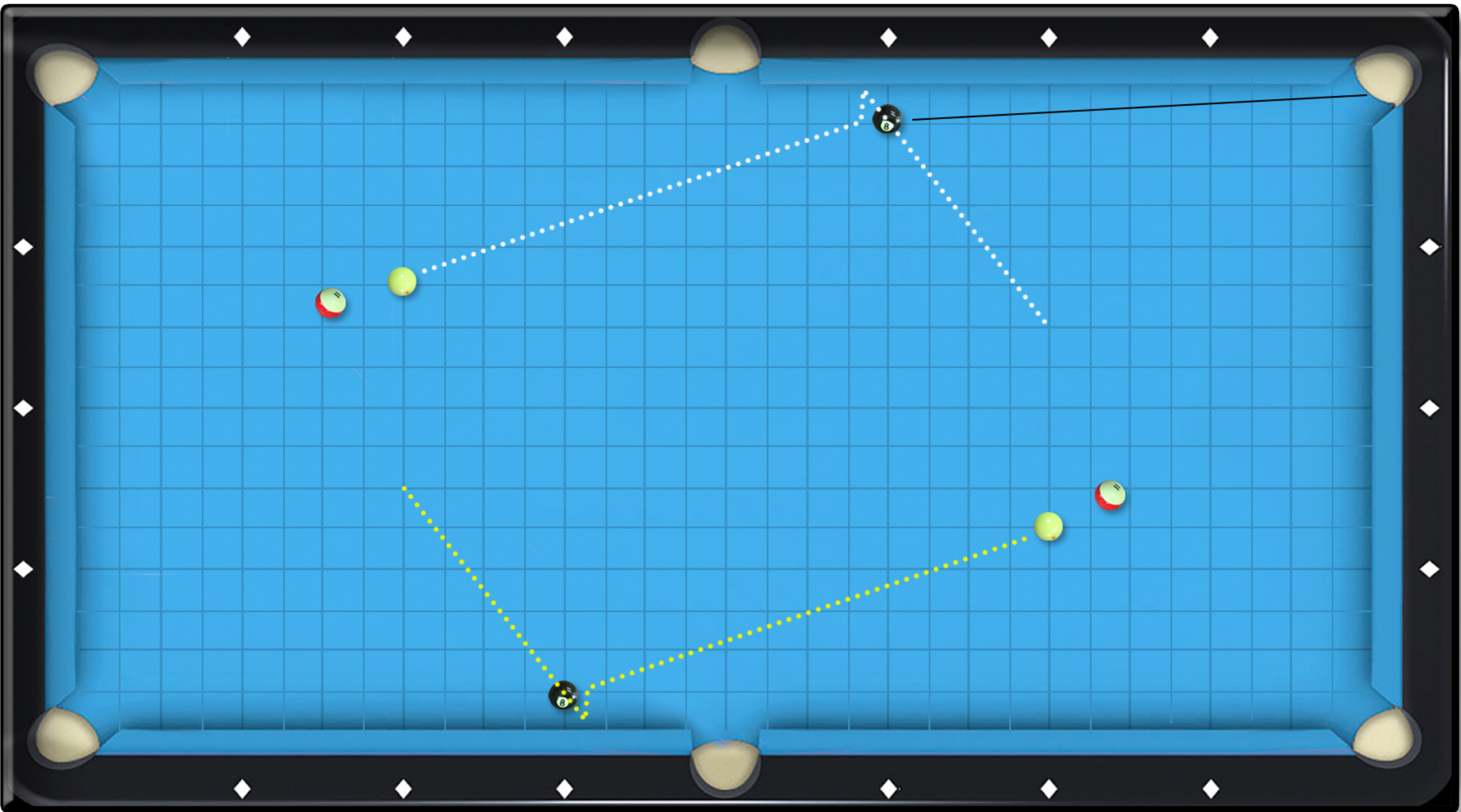


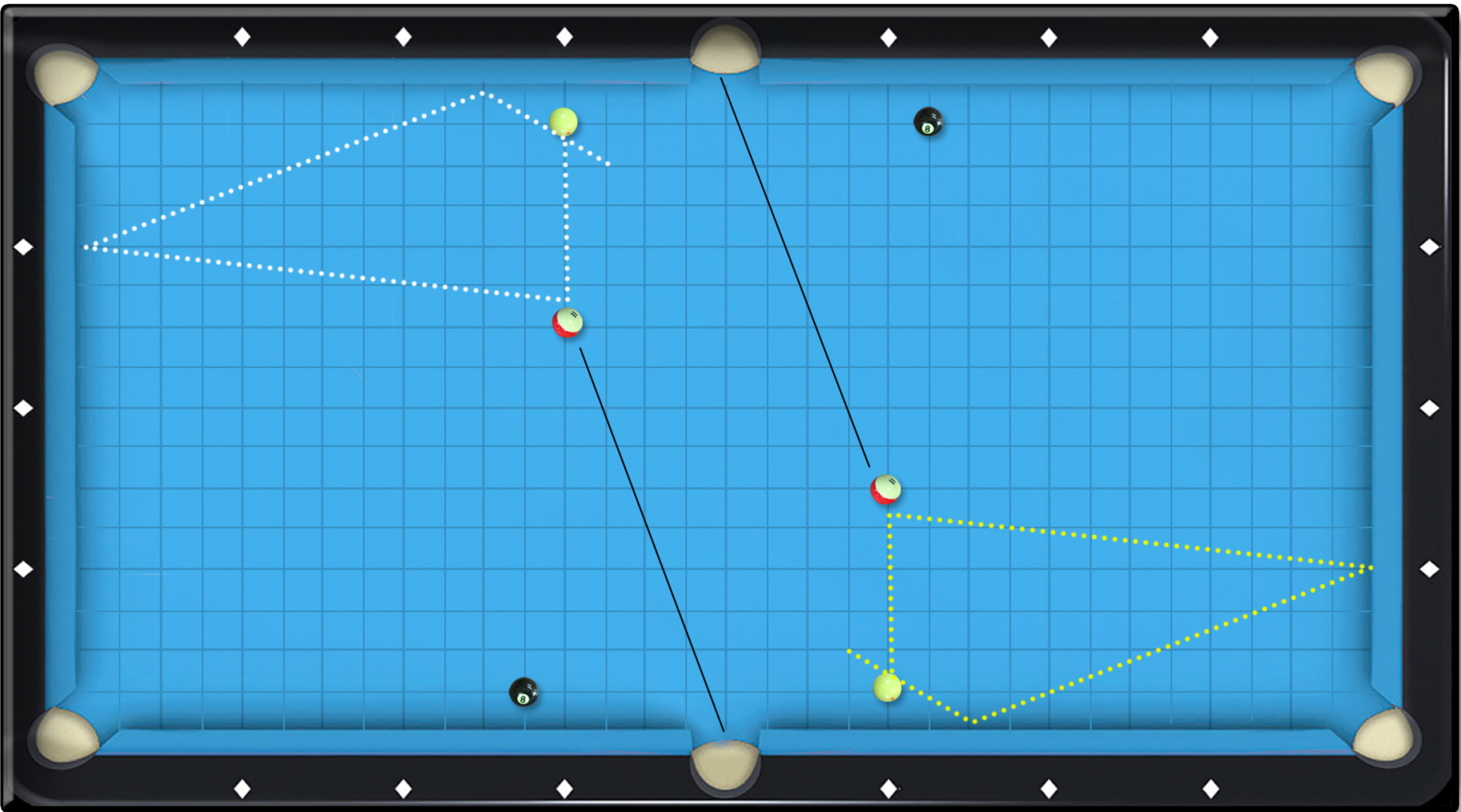




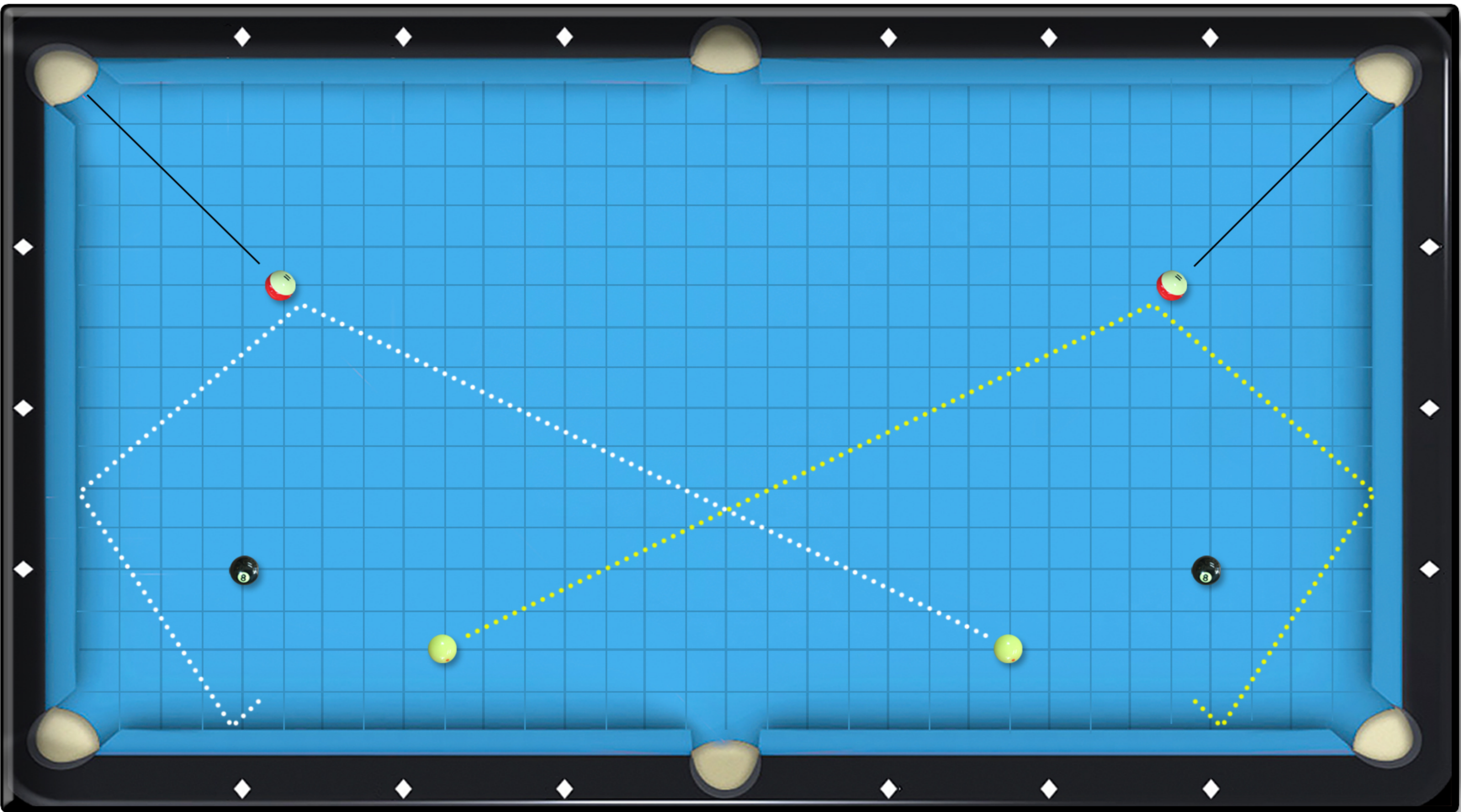


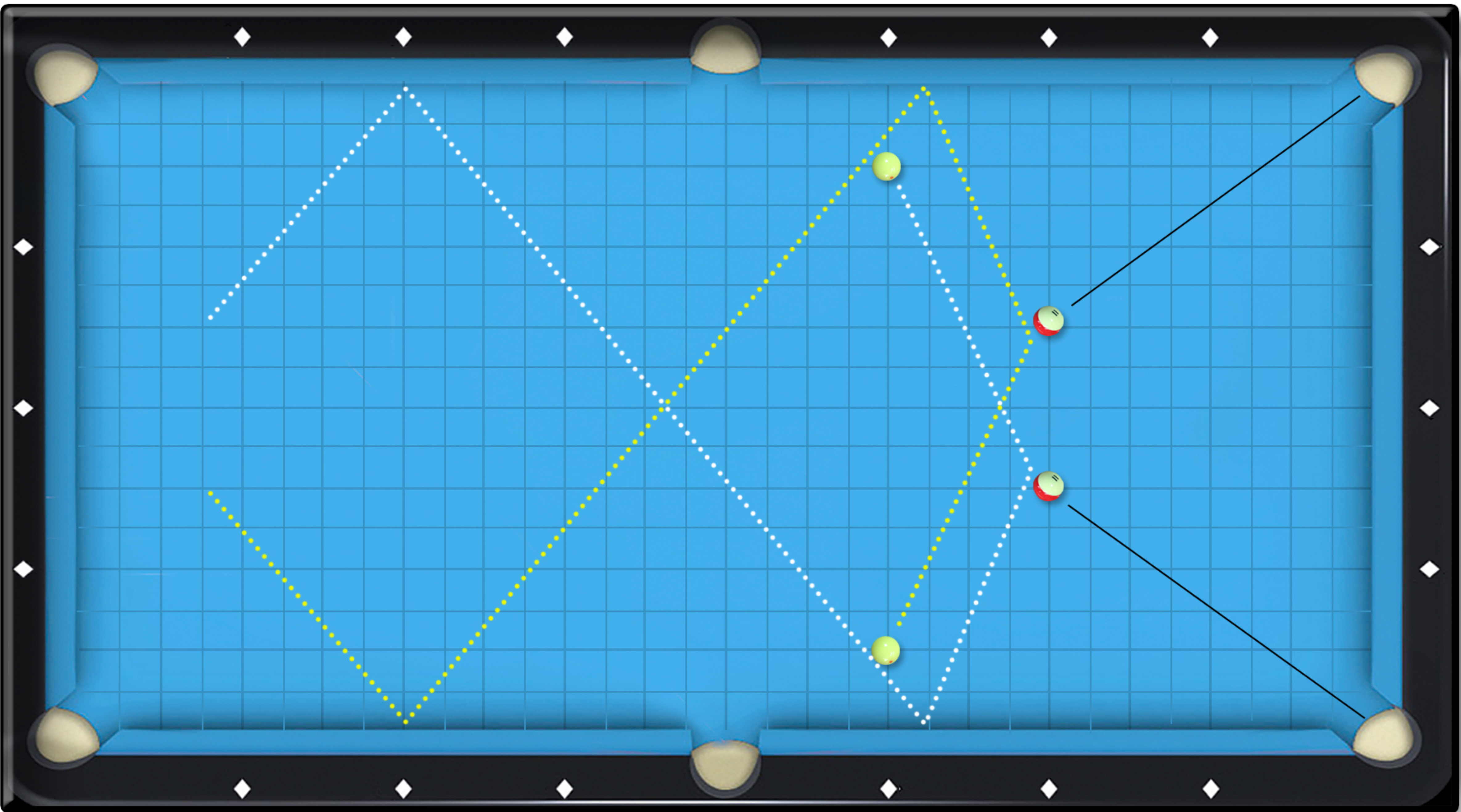


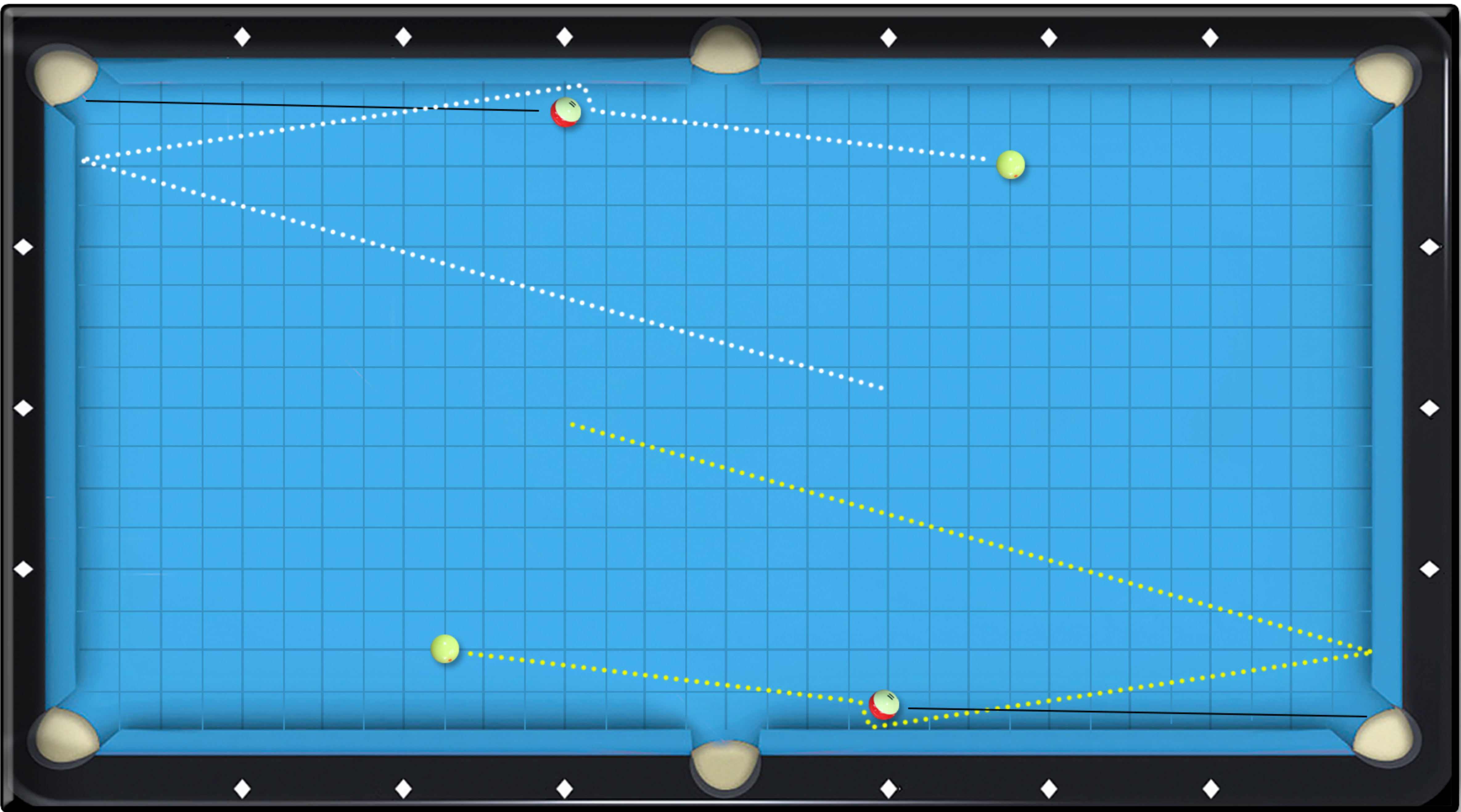


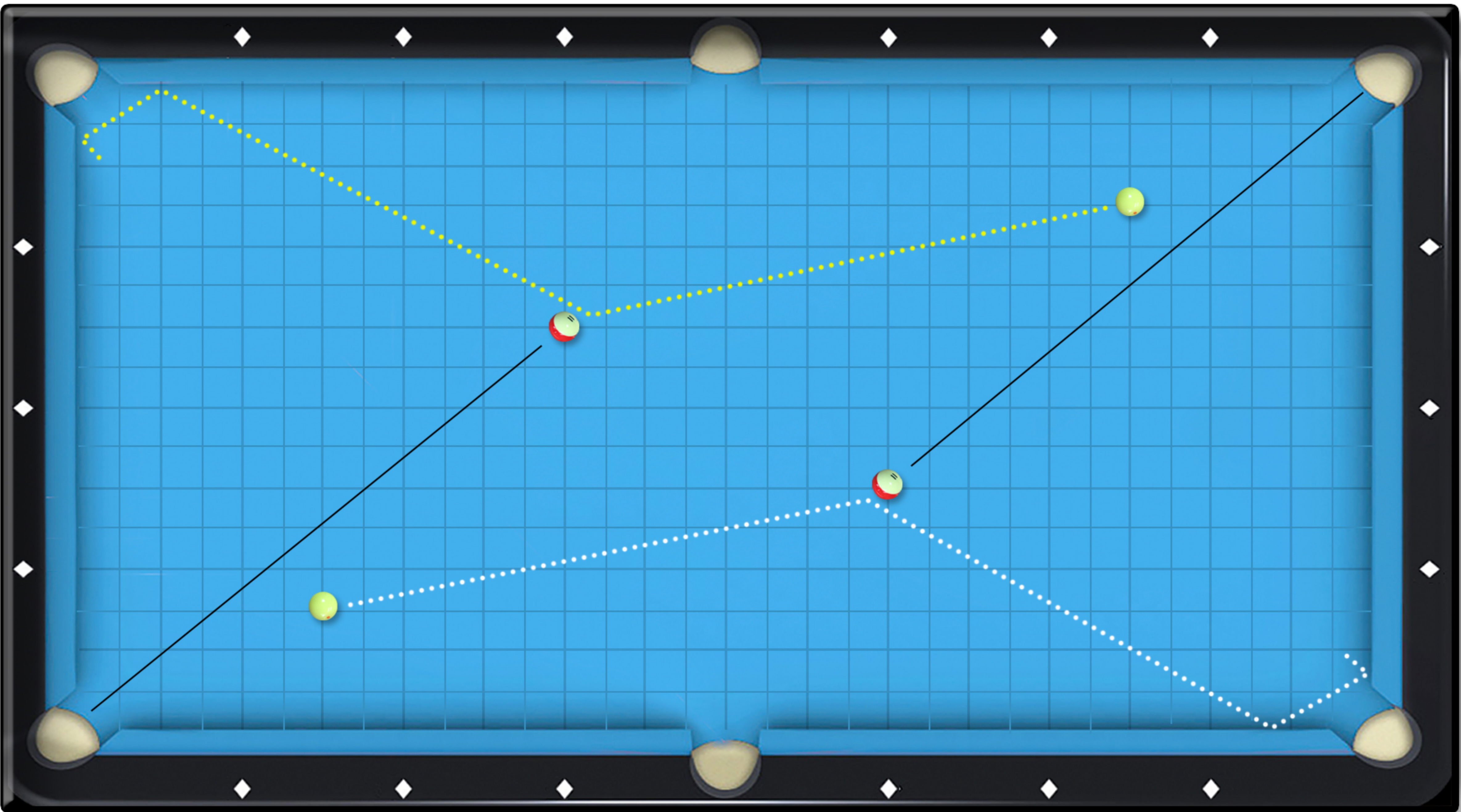


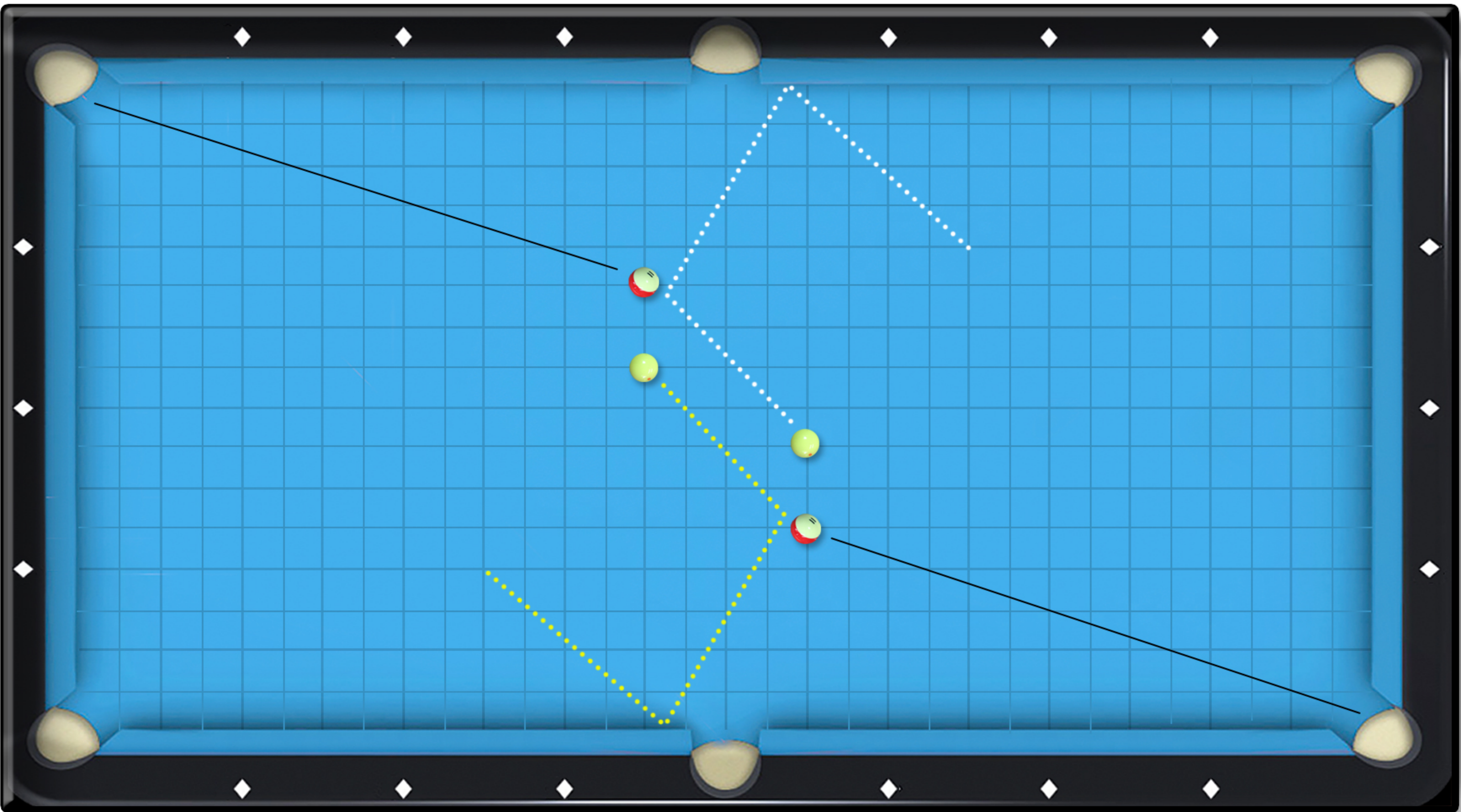


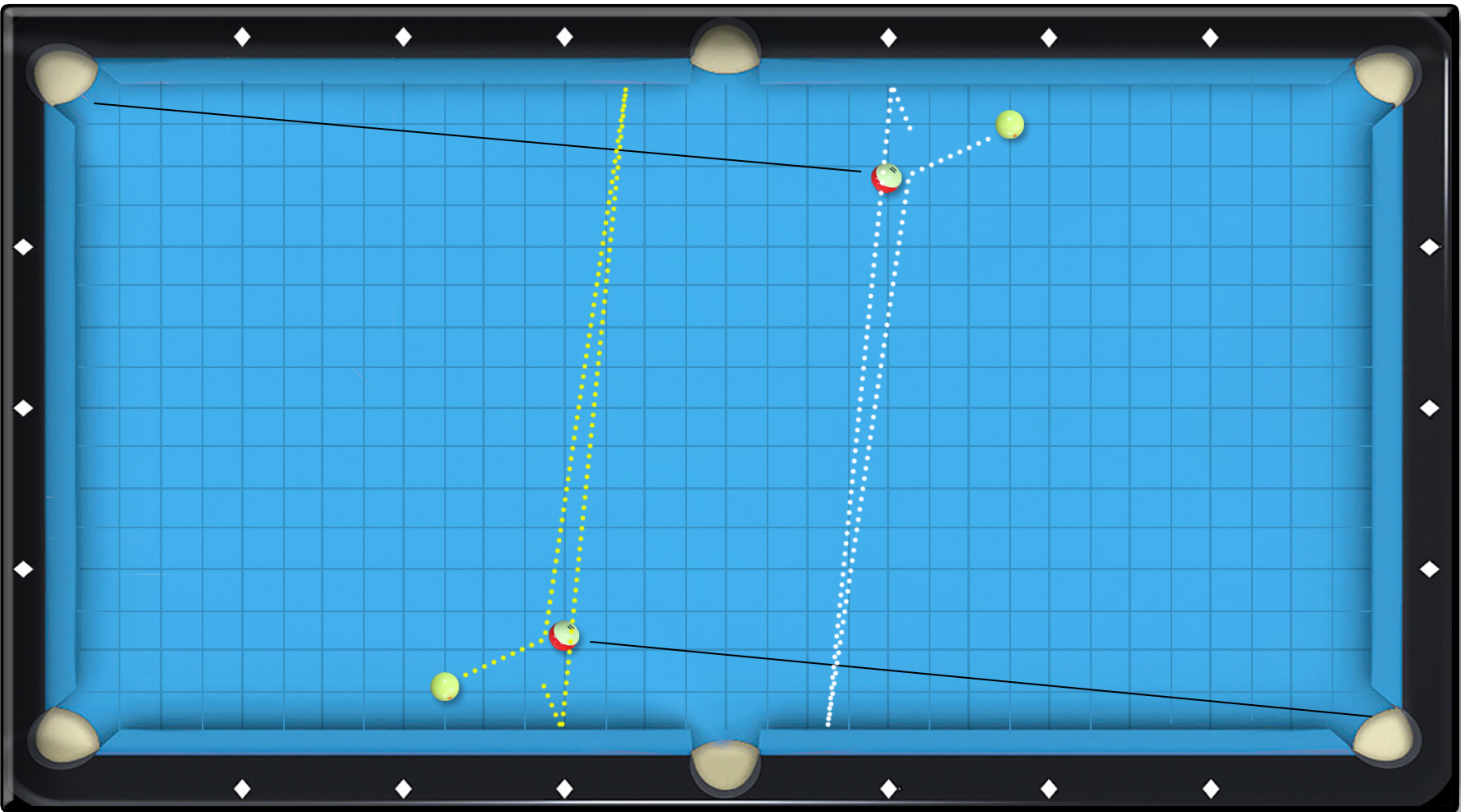


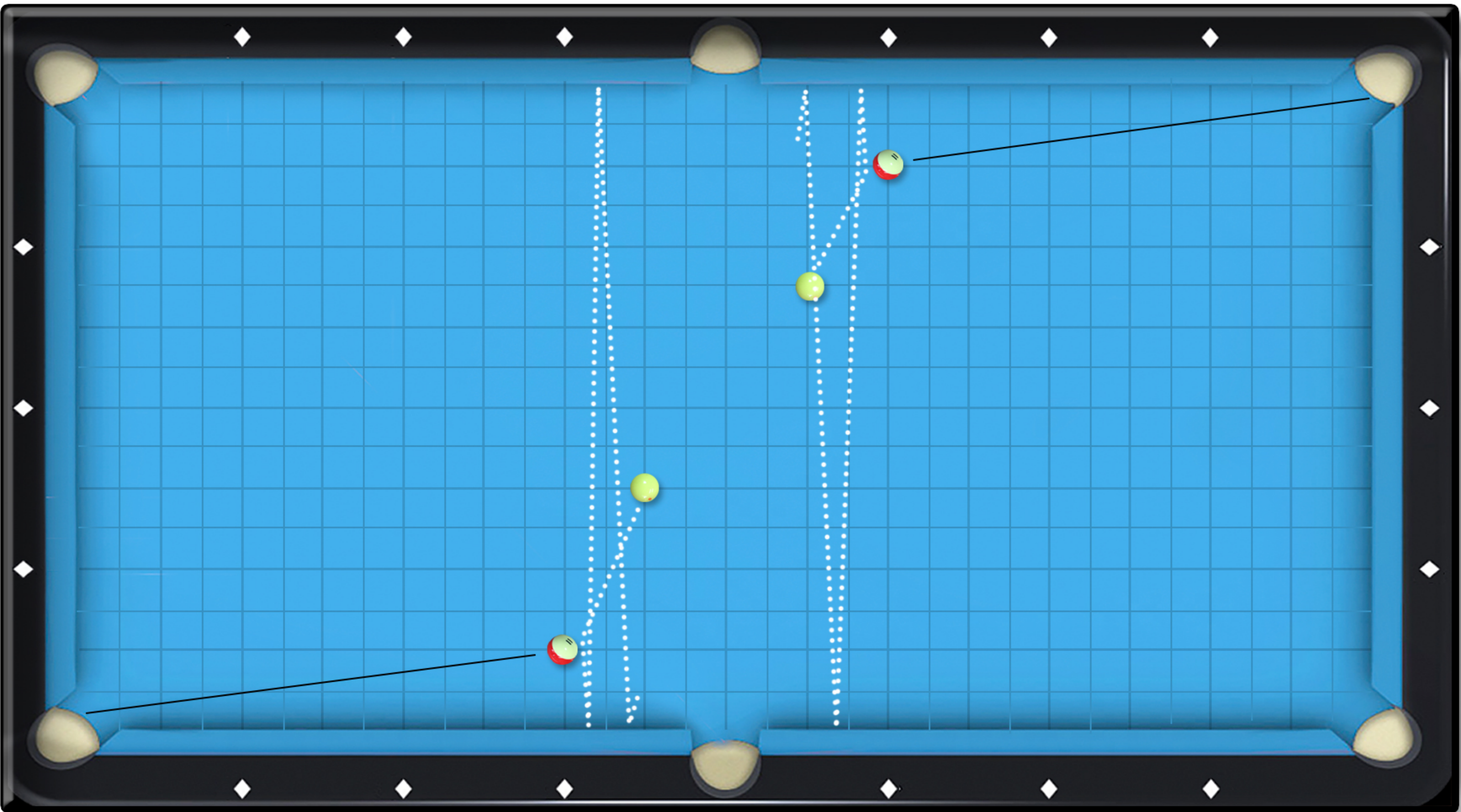


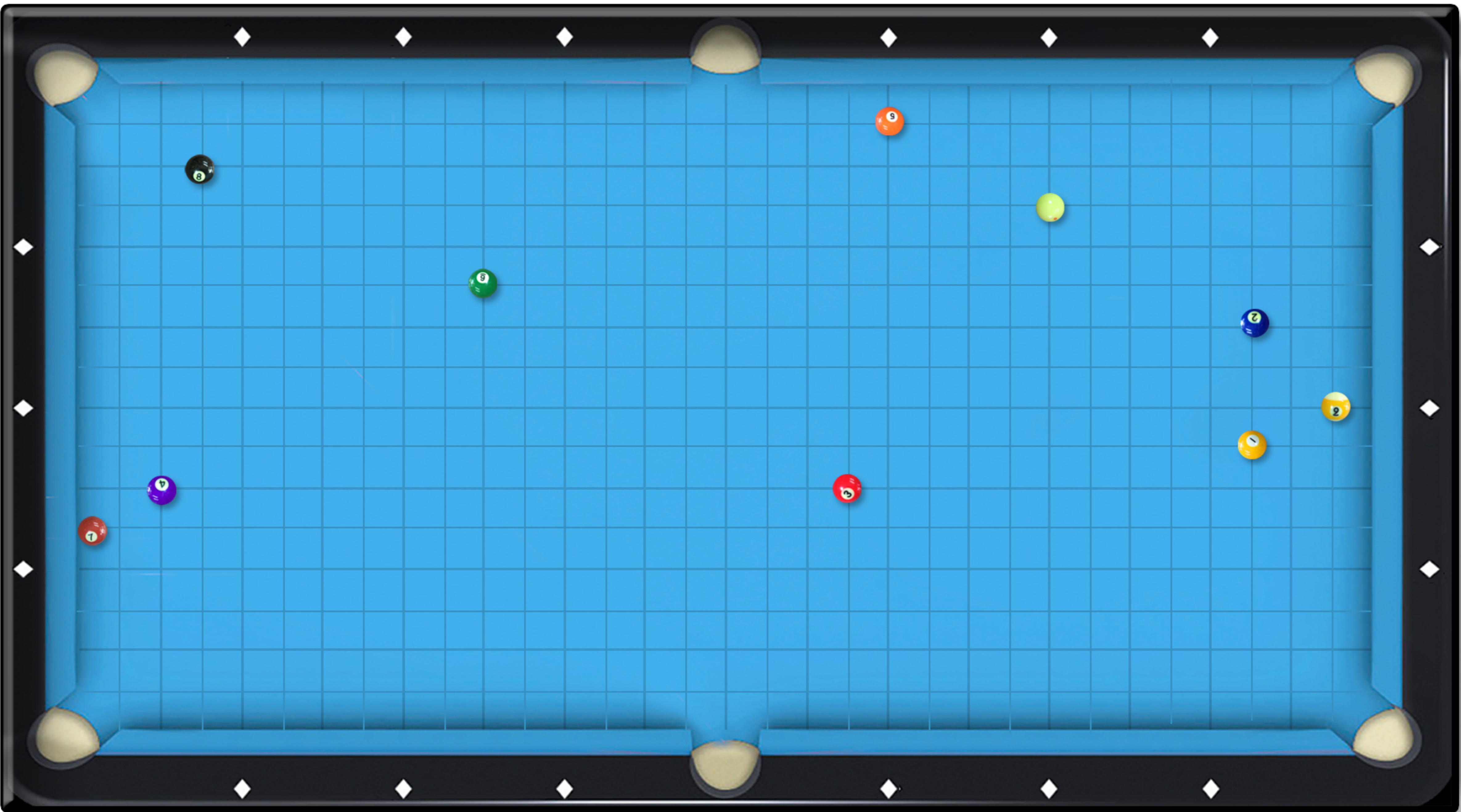












1

4

8

6

5

9

7

2

3



